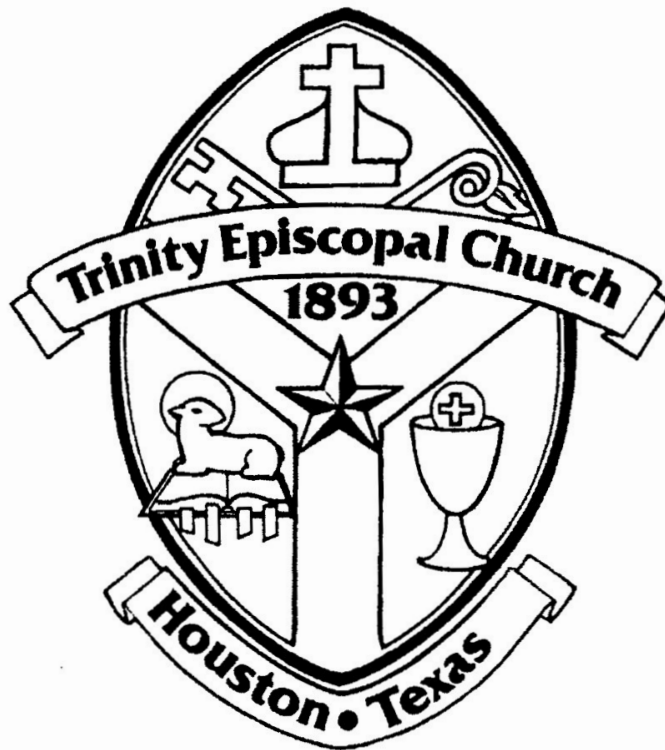


# THE FOURTH SUNDAY IN LENT

MARCH 10, 2024

10:30 a.m.



The Reverend Hannah E. Atkins Romero, Rector  
The Reverend Dale Klitzke, Priest Associate

Alex Jones, Organist and Choirmaster

***Making God's Presence Real  
By Sharing Christ's Life-Changing Love***

## WELCOME TO TRINITY CHURCH

Welcome to Trinity Episcopal Church! We're glad you chose to worship with us. We follow the 1979 Book of Common Prayer (BCP) to guide our worship. In this leaflet, you'll find everything you need to follow along printed.

Whether you've been attending Trinity your whole life or this is your first time here, we invite you to participate in the service as fully as you feel comfortable doing.

If you're looking for a new church home, know that the Trinity family welcomes you. We would also appreciate your filling out a virtual visitors card, which can be accessed at this link:

<https://www.trinitymidtown.org/contact-card-page/>

For more information, please visit our website:  
[www.trinitymidtown.org](http://www.trinitymidtown.org)

**Facebook Live Stream.** Please be advised that this service is live streamed through our Trinity Facebook Page and YouTube channels. By participating in the service, you are consenting to the broadcast of your image and voice and to the broadcast of the image and voice of your children who participate.

**Children 3yrs through 3<sup>rd</sup> grade** *Catechesis of the Good Shepherd* Meets in room 112 at 9:30 a.m. and the children return to their parents at the passing of the peace.

### A SPECIAL WELCOME TO THOSE WITH YOUNG CHILDREN

- Your children are welcome here at Trinity! First, please relax and enjoy your time here. We know that children tend to wiggle and squawk a bit, so please don't feel embarrassed by it.
- Each Sunday, your child may pick up a pew activity in the back of the church.
- To make things easier for your family, dare to sit closer to the front where your child can see what's going on at the altar. Guide them in the liturgy and be models for them. Help them sing the hymns and encourage them to stand/sit when appropriate, say "Amen" and "Thanks be to God," and generally help them be a part of the service. The liturgy belongs to them too.
- If you have to leave, hurry back! Jesus wants the children here, and we do too. If you need help, just ask. There are many here who are willing to lend you a hand.

### VESTRY

Andy Durham, *Senior Warden*

Eric Beam, *Junior Warden*

Brent Chambers

Tony Huffman

Pam Lawson

Mary Matteucci

John Merullo

Samantha Rainman

Jeanne Sommerfeld

Andréa Shiloh

Gladys Vallés

David Villarreal

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Teddy Adams, *Chancellor*

Dana Gannon, *Assistant Chancellor*

Larry Laubach, *Treasurer*

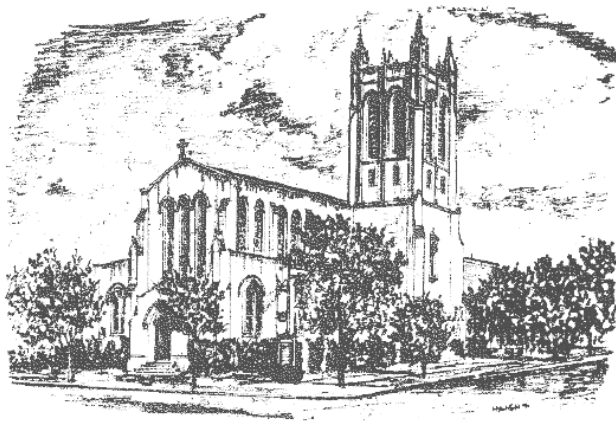
Steve Lee, *Assistant Treasurer*

Ben Blanding, *Clerk of the Vestry*

Samantha Rainman, *Assistant Clerk of the Vestry*

## LAY MINISTERS SERVING TODAY

*Lector:* David Marsh  
*Prayers:* Ron Starbuck  
*LEMs:* Ron Starbuck, Joanne Starbuck  
*Acolyte:* B. Walton, S. Chambers, A. Sennewald, J. Sennewald, H. Hensman  
*Ushers:* Ken Jones, Barrett Hess  
*Verger:* Ron Mailloux  
*Vestry of the Day:* Samantha Rainman  
*Altar Guild:* Mark Goza, Catherine Guthrie, David Villarreal, Kathryn Laurence  
*Audio Visual:* Jeremy Velasquez



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<https://www.youtube.com/trinityepiscopalchurch>



# HOLY EUCHARIST RITE I

10:30 a.m. Historic Church

*Please enter in a spirit of prayerful contemplation.*

## The Liturgy of the Word

ORGAN PRELUDE

*Please stand as able.*

HYMN IN PROCESSION 471 *We sing the praise of him who died*

Breslau

1 We sing the praise of him who died, of  
2 In - scribed up - on the cross we see in  
3 The cross: it takes our guilt a - way, and  
4 It makes the cow - ard spi - rit brave, and  
5 The balm of life, the cure of woe, the

1 him who died up - on the cross; the sin - ner's hope let  
2 shin - ing let - ters, God is love: he bears our sins up -  
3 holds the faint - ing spi - rit up; it cheers with hope the  
4 nerves the fee - ble arm for fight; it takes its ter - ror  
5 mea - sure and the pledge of love, the sin - ner's re - fuge

1 sin de - ride: for this we count the world but loss.  
2 on the tree: he brings us mer - cy from a - bove.  
3 gloom - y day, and sweet - ens ev - ery bit - ter cup.  
4 from the grave, and gilds the bed of death with light.  
5 here be - low, the an - gels' theme in heaven a - bove.

THE OPENING ACCLAMATION

BCP, page 323

*Officiant* Bless the Lord who forgiveth all our sins.

**People** His mercy endureth forever.

COLLECT FOR PURITY

BCP, page 323

*Officiant* Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

**People** Amen.

THE SUMMARY OF THE LAW

BCP, page 324

*Officiant* Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

CANTICLE S91 Kyrie

Healey Willan

Lord, have mer - cy up - on us. Lord, have mer - cy up -

on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -

on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -

on us. Lord, have mer - cy up - on us.

Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

COLLECT OF THE DAY

*Officiant* The Lord be with you.

**People** And with thy spirit.

*Officiant* Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever.

**People** Amen.

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

**Reader** The Word of the Lord.

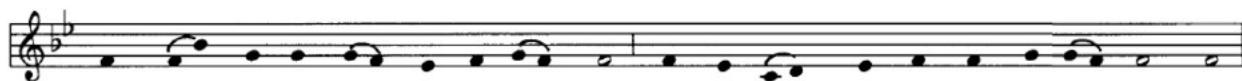
**People** **Thanks be to God.**

PSALM 107: 1-3, 17-22

Confitemini Domino

Plainchant, Tone VII. 3

*The Antiphon is sung by the choir and then repeated by the congregation..*



**Give thanks to the LORD for his mer - cy, and the won - ders he does for his chil - dren.**

- 1 Give thanks to the Lord, for he is good, \*  
and his mercy endures for ever.
- 2 Let all those whom the Lord has redeemed proclaim \*  
that he redeemed them from the hand of the foe.
- 3 He gathered them out of the lands; \*  
from the east and from the west, from the north and from the south. **Antiphon**
- 17 Some were fools and took to rebellious ways; \*  
they were afflicted because of their sins.
- 18 They abhorred all manner of food \*  
and drew near to death's door.
- 19 Then they cried to the Lord in their trouble, \*  
and he delivered them from their distress. **Antiphon**
- 20 He sent forth his word and healed them \*  
and saved them from the grave.
- 21 Let them give thanks to the Lord for his mercy \*  
and the wonders he does for his children.
- 22 Let them offer a sacrifice of thanksgiving \*  
and tell of his acts with shouts of joy. **Antiphon**

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

*Reader*    The Word of the Lord.

**People**    **Thanks be to God.**

Please stand as able.

HYMN AT THE SEQUENCE 302     *Father, we thank thee who hast planted*     Rendez a Dieu

1 Fa - ther, we thank thee who hast plant - ed thy ho - ly Name with -  
2 Watch o'er thy Church, O Lord, in mer - cy, save it from e - vil,

in our hearts. Know - ledge and faith and life im - mor - tal Je - sus thy  
guard it still, per - fect it in thy love, u - nite it, cleansed and con -

Son to us im - parts. Thou, Lord, didst make all for thy plea - sure,  
formed un - to thy will. As grain, once scat - tered on the hill - sides,

didst give us food for all our days, giv - ing in Christ the  
was in this bro - ken bread made one, so from all lands thy



Bread e - ter - nal; thine is the power, be thine the praise.  
 Church be gath - ered in - to thy king - dom by thy Son.

THE HOLY GOSPEL

John 3: 14-21

*Officiant* The Holy Gospel of our Lord Jesus Christ according to John.

**People** **Glory be to thee, O Lord.**

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

*Officiant* The Gospel of the Lord.

**People** **Praise be to thee, O Christ.**

*Please be seated.*

SERMON

The Reverend Bradley Sullivan, Vicar of LOTS

*Please stand as able.*

NICENE CREED

**We believe in one God, the Father, the Almighty,  
 maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
 the only Son of God, eternally begotten of the Father,  
 God from God, Light from Light, true God from true God,  
 begotten, not made, of one Being with the Father.  
 Through him all things were made.**

**For us and for our salvation he came down from heaven:  
 by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
 and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.  
 On the third day he rose again in accordance with the Scriptures;  
 he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

BCP, page 328

Let us pray for the whole state of Christ's Church and the world.

Almighty and ever-living God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers, especially Michael, our Presiding Bishop; Andy, Jeff, Kai (*pronounced "Kaye"*), and Hector, our Bishops; for Hannah, and Dale our clergy, and for all who minister in this place, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Let us pray for the Church and its mission. In the Anglican cycle of prayer, for [the Most Reverend Michael Curry and the Episcopal Church](#). In the diocesan cycle of prayer for [St. Bartholomew's, Hempstead](#); [St. Cecilia's, Round Top](#); [St. Francis of Assisi, Prairie View](#); and [St. Francis', College Station](#). In the ministry cycle of prayer for [Libby Tsubai and the Peace Cranes ministry](#).

And to all thy people give thy heavenly grace, and especially to this congregation here present that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joseph our president, Kamala, our vice-president, Greg our governor, Lina, our county judge, John our mayor, and the legislatures and courts, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor [Bill, Nick, Dale, Edith, Graeme, Christopher, Donna, Jason, Clyde, Presiding Bishop Michael Curry, Monica, Wally, Dorothy, Daniel, Ella, Julie, Teddy, Pam, Randy, Cindy, Meredith, Nikki, Annalise, James, Cynthia, Angela](#), and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Almighty God, thou lovest all thy children and art a home to those who are in any need or trouble; inspire thy Church with the Spirit of Christ's love, empower us to battle the root causes of homelessness, and help us to live as one with one another; through Jesus Christ our Lord, who liveth and reigneth with thee in the unity of the Holy Ghost, one God, now and for ever.

We offer you, O Lord, our prayers of thanksgiving, [especially for Judith, Gentry, and Marcella](#) as they celebrate their birthdays.

And we also bless thy Holy Name for all thy servants departed this life in thy faith and fear, [especially Bruce David Hall, Judy Donatelle, the victims of war in Israel, Palestine, and Ukraine, and all victims of gun violence](#), beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of all thy saints, that with them we may be partakers of thy heavenly kingdom. Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

*Please kneel or stand as able.*

## CONFESSION AND ABSOLUTION

BCP, page 330

*Officiant* Let us humbly confess our sins unto Almighty God.

**Most merciful God, we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.**

*Officiant* Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

*Please stand as able.*

## THE PEACE

*Celebrant* The peace of the Lord be always with you.  
**People** **And with thy spirit.**

*Then the Ministers and People may greet one another in the Name of the Lord.*

*Please be seated.*

## BLESSING OF THE CHILDREN

## WELCOME AND ANNOUNCEMENTS

*Please see our complete announcements and the Weekly Window at the end of this bulletin.*

## THE HOLY COMMUNION

*Please be seated*

### OFFERTORY SENTENCE

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

### OFFERING

**Online Giving** is available through AccessACS.

Go to [www.trinitymidtown.org](http://www.trinitymidtown.org) and click the "Give" button on the top right, or click:

<https://onrealm.org/TrinityMidtown/-/form/give/now>

**Texting.** Send the message **heartofmidtown** to **73256**. Be sure to type heartofmidtown with no spaces, or autocorrect may insert information about a different church. The prompt will ask for a credit card number which can be kept on file for future contributions.

### OFFERTORY ANTHEM    Thou Knowest Lord, the Secrets of Our Hearts

Henry Purcell (1659-1695)

Thou knowest, Lord, the secrets of our hearts;  
Shut not thy merciful ears unto our pray'rs;  
But spare us, Lord most holy, O God most mighty.  
O holy and most merciful Savior,  
Thou most worthy Judge eternal,  
Suffer us not at our last hour,  
For any pains of death to fall away from thee.

(Funeral Sentences from the *Book of Common Prayer*)

Praise God, from whom all bless - ings flow; praise  
 him, all crea-tures here be - low; praise him a - bove, ye  
 heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

THE GREAT THANKSGIVING: Eucharistic Prayer II

BCP, page 340

SURSUM CORDA S112

*Celebrant*                      *People*  
 The Lord be with you. And with thy spi - rit.  
*Celebrant*                      *People*  
 Lift up your hearts. We lift them up un - to the Lord.  
*Celebrant*  
 Let us give thanks un - to our Lord God.  
*People*  
 It is meet and right so to do.

*The Celebrant proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

SANCTUS AND BENEDICTUS S114

Healey Willan

Ho - ly, ho - ly, ho - ly, Lord God of

Hosts: Hea - ven and earth are full of thy glo - ry. Glo -

- ry be to thee, O Lord Most High. Bless - ed is he that com - eth

in the name of the Lord. Ho - san - na in the high - est.

*The Celebrant continues*

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

**Amen.**

And now, as our Savior Christ hath taught us, we are bold to say,

***Celebrant and People***

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

FRACTION ANTHEM S153

Celebrant

Christ our Pass - o - ver is sac - ri - ficed for us;

People


There-fore let us keep the feast.

INVITATION TO HOLY COMMUNION


*Celebrant* The Gifts of God for the People of God.

AGNUS DEI S157


John Merbecke




O Lamb of God, that ta - kest a - way the




sins of the world, have mer - cy up - on us.



O Lamb of God, that ta - kest a - way the



sins of the world, have mer - cy up - on us.



O Lamb of God, that ta - kest a - way the



sins of the world, grant us thy peace.



## INSTRUCTIONS FOR HOLY COMMUNION

All are welcome to come participate in Holy Communion. If for any reason you prefer not to receive communion, please cross your arms across your chest for a blessing.

Our tradition is to receive both bread and wine, sharing in the common cup. Please assist the chalice bearer by guiding the cup to your lips, or you may intinct by dipping the wafer into the chalice. If you prefer, you may also receive the bread only: After consuming the wafer, simply cross your arms over your chest to indicate that you do not wish to receive the wine.

If you do not wish to intinct from the common cup, there will be a third chalice, for intinction only, available in the baptistery. If you wish to partake of this chalice, please proceed to the baptistery after receiving a wafer from the priest.



We offer a gluten-free bread option for those with dietary restrictions who wish to receive communion. To receive a gluten free wafer, please clasp your hands with palms facing each other when the priest administering the bread approaches you.

## PRAYER FOR SPIRITUAL COMMUNION

The Prayer for Spiritual Communion is prayed by those at home unable to partake of communion in person

In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, we long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. We believe that you are truly present in the Holy Sacrament, and, since we cannot at this time receive communion, we pray you to come into our hearts. We unite ourselves with you and embrace you with all our hearts, our souls, and our minds. Let nothing separate us from you; let us serve you in this life until, by your grace, we come to your glorious kingdom and unending peace. Amen.

## MUSIC AT COMMUNION

### ANTHEM

### *Ave Verum Corpus*

William Byrd (1543-1623)

Ave verum Corpus, natum  
de Maria Virgine:  
Vere passum, immolatum  
In cruce pro homine:  
Cuius latus perforatum,  
unda fluxit sanguine:  
Esto nobis prægustatum  
In mortis examine.  
O dulcis, O pie, O Jesu Fili Mariae,  
miserere mei.  
Amen.

Hail, O hail true body, spotless  
virgin's virgin birth:  
Thou who truly hangedst weary  
upon the cruel cross:  
Thou whose sacred side was riven, whence  
the stream of water and blood did flow:  
O may'st thou, dear Lord be given  
at death's hour to be my food.  
O tender, O loving, O Jesu Son of Mary, show  
on me thy mercy.  
Amen.

1 Here, O my Lord, I see thee face to face;  
 2 Here would I feed up - on the Bread of God;  
 3 I have no help but thine; nor do I need  
 4 Mine is the sin, but thine the right - eous - ness;

here would I touch and han - dle things un - seen;  
 here drink with thee the roy - al Wine of heaven;  
 an - oth - er arm save thine to lean up - on;  
 mine is the guilt, but thine the cleans - ing Blood.

here grasp with firm - er hand e - ter - nal grace,  
 here would I lay a - side each earth - ly load,  
 it is e - nough, my Lord, e - nough in - deed;  
 Here is my robe, my re - fuge, and my peace;

and all my wea - ri - ness up - on thee lean.  
 here taste a - fresh the calm of sin for - given.  
 my strength is in thy might, thy might a - lone.  
 thy Blood, thy right - eous - ness, O Lord, my God.

*The Celebrant distributes a communion kit saying,*

**Celebrant** On behalf of God and Trinity Parish, we send forth these holy gifts that those who will be visited may share with us in the communion of Christ's Body and Blood.

**People** Amen.

*Please stand or kneel as able.*

#### POST COMMUNION PRAYER

**Almighty and ever living God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end.**  
**Amen.**

## THE BLESSING

Look down in mercy, Lord, on thy people who kneel before thee; and grant that those whom thou hast nourished by thy Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord. And may the blessing of God our Creator, Redeemer and Giver of life be with you always.

**People**            **Amen**

*Please stand as able.*

HYMN IN PROCESSION 691

*My faith looks up to thee*

Olivet

1 My faith looks up to thee, thou Lamb of Cal - va - ry,  
2 May thy rich grace im - part strength to my faint - ing heart,  
3 While life's dark maze I tread, and griefs a - round me spread,

Sa - vior di - vine! Now hear me while I pray, take all my  
my zeal in - spire; as thou hast died for me, O may my  
be thou my guide; bid dark-ness turn to day; wipe sor - row's

guilt a - way; O let me from this day be whol - ly thine.  
love to thee pure, warm, and change-less be, a liv - ing fire.  
tears a - way, nor let me ev - er stray from thee a - side.

DISMISSAL

*Officiant* Let us bless the Lord.

**People** **Thanks be to God.**

ORGAN VOLUNTARY

*Thank you for worshipping with us this morning.*

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We would like to thank the Trinity Pancake Crew for hosting this week's coffee hour.

Please note that dates are open to host (part/all) coffee hour  
on April 7, 14, 21, and 28.

To sign up, please scan the QR code below or contact Jamie Chambers:  
[jamielynnchambers@hotmail.com](mailto:jamielynnchambers@hotmail.com) or call/text at 832-370-7155  
if you need assistance.

Thank you





## THE WEEKLY WINDOW

OF TRINITY THE HEART OF MIDTOWN  
March 10, 2024 – Fourth Sunday in Lent, Year B

Trinity Episcopal Church | [www.trinitymidtown.org](http://www.trinitymidtown.org)  
1015 Holman @ Main | 713-528-4100

**Sunday In-Person Services**  
8:00 am and 12:30 pm (Chapel)  
10:30 am (Historic Church)

### THIS WEEK AT TRINITY

#### Sunday, March 10th, 2024

7:30am – 1:30pm Nursery Open  
8:00 am Holy Eucharist, Rite I (Chapel)  
9:00 am Sunday Meditations (Zoom)  
9:30 am Education Hour  
10:30 am Holy Eucharist, Rite I (Church)  
11:45 am Coffee Hour (Fellowship Hall)  
12:30 pm Holy Eucharist, Rite III (Chapel)  
8:00 pm Compline (Facebook)

#### Monday, March 11th, 2024

5:30 pm Evening Prayer (Church)

#### Tuesday, March 12th, 2024

12:00pm The Listening Post  
5:00 pm Pastoral Care Team  
5:30 pm Evening Prayer (Church)  
6:00 pm Property Committee (Zoom)  
6:30 pm Finance Committee (Zoom)

#### Wednesday, March 13th, 2024

10:30am Staff Meeting  
12:15 pm Good Times AA (Masterson)  
5:30 pm Evening Prayer (Church)  
6:00 pm Healing Service (Zoom)  
7:00 pm Choir Rehearsal

#### Thursday, March 14th, 2024

12:15 pm Good Times AA (Masterson)  
5:30 pm Evening Prayer (Church)

#### Friday, March 15th, 2024

12:15 pm Good Times AA (Masterson)  
5:30 pm Evening Prayer (Church)

#### Saturday, March 16th, 2024

9:30 am Lenten Quiet Half Day (Fellowship Hall)

Our Weekly Zoom links can be found at  
<https://www.trinitymidtown.org/zoom-withus>

### Labyrinth Blessing – March 10th at Coffee Hour

As part of his Eagle Scout project, parishioner Byron Walton has made a labyrinth on the stage in Fellowship Hall. It will be available for meditation at various times and will be used in our upcoming Lenten retreat. It will be blessed and dedicated at coffee hour on March 10th.

Please join us as we inaugurate this wonderful new addition to our church.

### Half Day Quiet Retreat – March 16th, 9am–1pm

You are invited to join us for a half day quiet retreat led by Rev. Hannah. The retreat will include prayer, a labyrinth walk, journaling, stretching, meditation, and time to share reflections with one another. We will meet together in the Fellowship Hall. [RSVP HERE](#)

### Manna Bags– March 17th, 11:45am

Be a blessing for the homeless this Lent. Let's help the Emergency Aid Coalition (EAC) by assembling hygiene (toiletry) or manna (snack) bags for the homeless. Materials and instructions to be distributed during coffee hour to assemble at church, or at home.

### Candy for Easter Eggs

Candy donations are needed to fill eggs for the Easter egg hunt. The deadline is March 24th. Please contact Pat at [volunteer@trinitymidtown.org](mailto:volunteer@trinitymidtown.org) for more details.

### Baptism Class – March 23rd, 11am

We celebrate Holy Baptism during the Easter Vigil, March 30th, at 7:30pm. All people of any age are welcome to be baptized. In baptism we are sealed by the Holy Spirit and marked as Christ's own forever.

Baptism Class will be held Saturday, March 23rd, at 11:00am in the Smith Room. Please contact the Rector for more information at [rector@trinitymidtown.org](mailto:rector@trinitymidtown.org).

### The Watch – Overnight March 28th to March 29th

Our Lord asked his disciples to watch one hour with him. We watch with him from the Stripping of the Altar on Maundy Thursday until the Good Friday Liturgy at noon. Trinity is one of the only parishes in Houston with an all-night Watch. We especially need coverage between 1 am and 6 am. Please sign up for your hour [here!](#)

### All Parish Retreat! Register Now!

#### Camp Allen Retreat Center

April 12–14th – [SIGN UP HERE](#)

All are welcome!

\$60 adults/\$30 children plus \$15 each for Saturday night meal.

We will enjoy fellowship, prayer, games, and more!



### PRAYERS

Our custom is to read aloud each week the names of those who request our prayers. We also remember in our Prayer Chain and Bulletin those who desire prayers. Please email to keep us informed. For information or comments about prayer names, please contact the Reverend Hannah Atkins Romero. If you would like to participate as a member of the prayer chain, please contact Norma Cooper.

Bill, Nick, Dale, Edith, Graeme, Christopher, Donna, Jason, Clyde, Presiding Bishop Michael Curry, Monica, Wally, Dorothy, Daniel, Ella, Julie, Teddy, Pam, Randy, Cindy, Meredith, Nikki, Annalise, James, Cynthia, Angela, Allegra, Gareth, Kazi, Aurora, Jimmie, Tom, Stephen, Emily, Van, Dick, Victims of Violence, Ric, Barbara, Sylvia, Joyce, Bob, David, Robert, Susan, Patty, Dana, Emilia, Gaby, Florence, Carolyn, Rick, Charles, Harrison, Kathy, Erma, Mary, Chris, Guillermo, Holly, Ray, Barbara, Howard, Claudie, Romy, Bryce, Rose, Bart, Marie, Josh, Christina, Collette, Sybil, Charlotte, Bob, Pamela

### For the faithful departed:

Bruce David Hall, Judy Donatelle, the victims of war in Israel, Palestine and Ukraine and all victims of gun violence.

### Altar Flowers and Coffee Hour

If you would like to make a flower dedication, you can sign up at [www.trinitymidtown.org/flower-ministry/](http://www.trinitymidtown.org/flower-ministry/). The next available dates: Will resume April 14th, after Lent.

Sign-ups for coffee hour hosts are available, please signup online to volunteer [here](#) or scan QR code below. For questions or further information please contact Jamie Chambers: [jamielynchambers@hotmail.com](mailto:jamielynchambers@hotmail.com) or call/text at 832-370-7155 if you need assistance.

Next available dates: April 7th, 14th, 21st, and 28th.



*Happy Birthday!*

Judith Edgar  
Gentry Chambers  
Marcella Marino

EASTER SUNDAY  
FLOWER DEDICATIONS IS NOW LIVE  
DEADLINE FOR EASTER FLOWER DEDICATIONS IS PALM SUNDAY, 03/24/2024 AT 5PM  
[CLICK HERE](#)

**Rev. Hannah E. Atkins Romero, Rector**  
[rector@trinitymidtown.org](mailto:rector@trinitymidtown.org)

**Rev. Dale Klitzke, Priest Associate**  
[dale.klitzke@gmail.com](mailto:dale.klitzke@gmail.com)

**Ryan Mire, Parish Administrator**  
[parishadministrator@TrinityMidtown.org](mailto:parishadministrator@TrinityMidtown.org)

**Alex Jones Organist/Choirmaster**  
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**Pat Laubach, Volunteer Coordinator**  
[volunteer@trinitymidtown.org](mailto:volunteer@trinitymidtown.org)

**Carol Turley, Membership Secretary**  
[membership@trinitymidtown.org](mailto:membership@trinitymidtown.org)

**Larry Laubach, Treasurer**  
[finance@trinitymidtown.org](mailto:finance@trinitymidtown.org)\*Please note we will never ask you for money or gifts via email. Scams are circulating again, so please be aware and cautious.

### Holy Week

**Palm Sunday, March 24th:** 8 am, 10:30 am, 12:30 pm

**Maundy Thursday, March 28th:** 7:30 pm

**Good Friday, March 29th:** 11:30 am (children's program), 12 noon (liturgy), 1:15 pm (Stations of the Cross)

**Holy Saturday, March 30th:** 7:30 p.m. (Great Vigil of Easter)

**Easter Day, March 31st:** 8:30 am, 10:30 am, 12:30 pm

### Office Hours

Monday–Thursday 9 am – 3 pm  
Friday 9 am – 1 pm

If you have building concerns please email [parishadministrator@trinitymidtown.org](mailto:parishadministrator@trinitymidtown.org).



@trinitychurchhouston



@trinityepiscopalmidtown



@trinityepiscopalchurch



Let's Connect | [www.trinitymidtown.org](http://www.trinitymidtown.org)



For more information on annual giving visit [www.trinitymidtown.org/give](http://www.trinitymidtown.org/give).



## BULLETIN INSERTS

**March 10, 2024 – Lent 4 (B)**

**Week 4: Life Transformed – The Way of Love in Lent**

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) or by scanning the QR code to the right.



**Week 4**

**Sunday, March 10**

*Today's Practice:* Watch the Rev. Dr. Hillary Raining's video at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) for Week 4. The topic is based on the practice "Bless" and is titled, "A New Heart and a New Spirit".

*Read:* Ezekiel 36:24-28

**Monday, March 11**

*Today's Prompt:* What challenges are you facing today?

*Read:* "And you will have confidence, because there is hope; you will be protected and take your rest in safety." - Job 11:18

**Tuesday, March 12**

*Today's Prompt:* How is the Jesus who walked the earth beckoning you to meet him?

*Read:* "They came to Jericho. As he and his disciples and a large crowd were leaving Jericho, Bartimaeus son of Timaeus, a blind beggar, was sitting by the roadside. When he heard that it was Jesus of Nazareth, he began to shout out and say, 'Jesus, Son of David, have mercy on me!' Many sternly ordered him to be quiet, but he cried out even more loudly, 'Son of David, have mercy on me!' Jesus stood still and said, 'Call him here.' And they called the blind man, saying to him, 'Take heart; get up, he is calling you.' So throwing off his cloak, he sprang up and came to Jesus. Then Jesus said to him, 'What do you want me to do for you?' The blind man said to him, 'My teacher, let me see again.' Jesus said to him, 'Go; your faith has made you well.' Immediately he regained his sight and followed him on the way." – Mark 10:46-52

**Wednesday, March 13**

*Today's Prompt:* Try praying with Anglican prayer beads.

*Read:* "Then Jesus told them a parable about their need to pray always and not to lose heart." – Luke 18:1

**Thursday, March 14**

*Today's Prompt:* Where do you find joy and passion?

*Read:* "They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?'" – Luke 24:32

**Friday, March 15**

*Today's Prompt:* Where might God be asking you to take your great love into the world?

*Read:* "From this time forward I tell you new things, hidden things that you have not known." – Isaiah 48:6

**Saturday, March 16**

*Today's Prompt:* How do you want to prepare people to remember you?

*Read:* "Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, who consoles us in all our affliction, so that we may be able to console those who are in any affliction with the consolation with which we ourselves are consoled by God." – 2 Corinthians 1:3-4

*Reflections from "Living the Way of Love" by Mary Bea Sullivan (Church Publishing, 2019). Used with permission. Quotations from the New Revised Standard Version Bible, copyright © 1989 the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.*

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# *EASTER SUNDAY*

FLOWER  
DEDICATIONS IS  
NOW LIVE

DEADLINE FOR EASTER FLOWER  
DEDICATIONS IS PALM SUNDAY,  
03/24/2024 AT 5PM





# TRINITY MIDTOWN

## All Parish Retreat

### APRIL 12TH - 14TH AT CAMP ALLEN



#### Join us for a Weekend of Fellowship

Bunkhouse Accommodations 12 bunks per room. 24 to a cabin. Linens are not included so bring your Pillows and sleeping bags! The cost for the entire weekend is \$60.00 for an adult and \$30 for a child. \$15 for Saturday night meal, additional meals will be organized by volunteers.



#### Things to Do

Natural Trails for Hiking and Biking.  
Playgrounds.  
Pavillion Games.  
Fishing -All fishing at Camp Allen is Catch and Release.  
Disc Golf



#### Register Now

Please Register for the Retreat by April 2nd, 2024. Scholarships and Special needs requests are available. Contact parishadministrator@trinitymidtown.org for any questions or concerns.

### REGISTER NOW

📍 118800 FM 362 NAVASOTA, TEXAS 77868

📞 713-528-4100

🌐 <https://rsvp.church/r/zRKEFS5z>



## THE SEASON OF LENT

Early Christians observed "a season of penitence and fasting" in preparation for the Paschal feast, or Pascha (BCP, pp. 264-265). The season now known as Lent (from an Old English word meaning "spring," the time of lengthening days) has a long history. Originally, in places where Pascha was celebrated on a Sunday, the Paschal feast followed a fast of up to two days. In the third century this fast was lengthened to six days. Eventually this fast became attached to, or overlapped, another fast of forty days, in imitation of Christ's fasting in the wilderness. The forty-day fast was especially important for converts to the faith who were preparing for baptism, and for those guilty of notorious sins who were being restored to the Christian assembly.

In the western church the forty days of Lent extend from Ash Wednesday through the Saturday before Palm Sunday. Palm Sunday marks the beginning of Holy Week, and the last three days of Holy Week are the sacred Triduum of Maundy Thursday, Good Friday, and Holy Saturday.

Purple is the traditional color of Lent, as it represents for us both repentance and royalty. Jesus was dressed in a purple robe during his Passion as a mockery of his being "the king of the Jews"; since long before his time, purple had been a symbol of royalty. For example, in Exodus, we can read how Moses ordered the tabernacle to be made of "ten sheets woven of fine linen twine and of violet, purple, and scarlet yarn" (Exodus 26:1) and in 2 Chronicles 3:14 we read that Solomon ordered the temple in Jerusalem to be decorated with fabric of the same colors. The Church decided to keep the color purple as a symbol, not just of penance and mourning (in anticipation of the crucifixion, and with reference to Jesus), but also as a reminder of the need to confront our own sins, to prepare ourselves spiritually, and to help our neighbors to draw closer to God and his kingdom (conserving in this way the solemn character traditionally assigned to purple).

All Christians are invited "to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word" (BCP, p. 265).

In accordance with ancient custom the Book of Common Prayer provides that in Lent, Alleluia is omitted, and may be omitted at other times except during Easter season (BCP, p. 337).

## A HISTORY OF TRINITY EPISCOPAL CHURCH

Trinity Episcopal Church of Houston has existed as a house of worship and a center of its community for over a century. As such, it has adapted to the changing nature of the city, as Houston grew from a regional town of approximately 40,000 souls to a dynamic metropolitan giant, the fourth largest city in the United States. With a congregation that grew from a few founding members in the 1890s to several thousand parishioners at its peak, Trinity Church is an example of how spiritual people have contended with the challenges presented during a city's most crucial period of urban development.

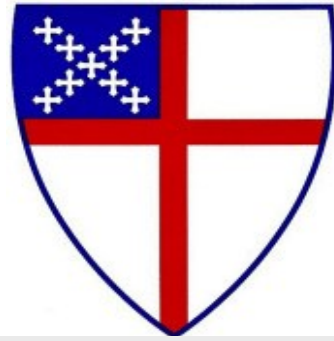
Founded in 1893 as a mission of Christ Church, Houston's first Episcopal church, Trinity is located southwest of downtown. After a quarter of a century of existence in wooden buildings, Trinity parish built its present imposing structure (1917 - 1921) in Houston's South End, at the corner of Main Street and Holman Avenue. That structure, designed by Ralph Adams Cram of Boston and William Ward Watkin of Houston became an architectural landmark constructed in the neo-Gothic style with Texas limestone and a 97 foot bell tower.

During the late 1910s and 1920s, Trinity entered an era of explosive growth, paralleling that of the city, and became an important center of the Episcopal faith. The congregation's many youth and adult activities were community events that attracted wide attention among the general populace. An integral part of its city, Trinity likewise maintained special relationships with Houstonians of other faiths. With a membership numbering 1,900 parishioners in 1930, Trinity emerged as the largest Episcopal parish in the Diocese of Texas and one of the largest in the nation.

After World War II, Houston's growth presented Trinity with perhaps its greatest challenge. As the city physically expanded into the new postwar suburbs, Trinity's membership began to decline. Rather than abandon its historic location, the congregation showed itself to be steadfast. Resurrecting itself from this period, Trinity reaffirmed its mission, this time as a beacon in the inner city where it has become a leading institution in the heart of Houston, determined to enhance the quality of urban life for everyone.

While our neighborhood has gone through many changes, the parish has remained steadfast, and actively ministers to a diverse congregation and to the poor in its midst. As the Midtown Houston neighborhood began redeveloping, starting in the early 2000s, Trinity Church has rededicated itself to its spiritual mission, and has become an active part of the Midtown area for music and other creative art expressions.





### STAFF CONTACT INFORMATION

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Pelayo Parlade, *Co-Director*  
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### WEAPONS POLICY:

**PURSUANT TO SECTION 30.05, PENAL CODE (CRIMINAL TRESPASS), A PERSON MAY NOT ENTER THIS PROPERTY WITH A FIREARM.**

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