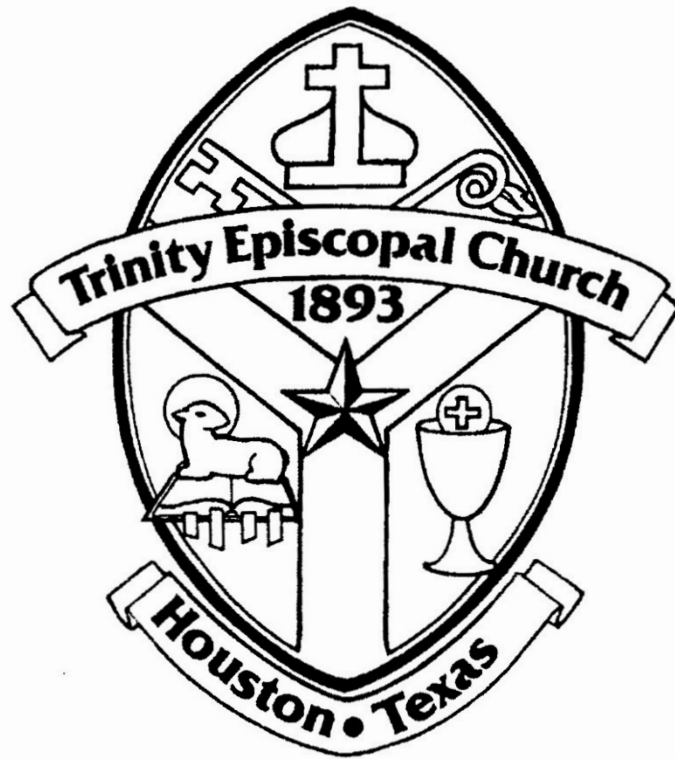


THE THIRD SUNDAY IN LENT

MARCH 3, 2024
12:30 p.m.



The Reverend Hannah E. Atkins Romero, Rector
The Reverend Dale Klitzke, Priest Associate

April Sloan-Hubert, Co-Director of the Trinity Jazz Ensemble
Pelayo Parlade, Co-Director of the Trinity Jazz Ensemble

***Making God's Presence Real
By Sharing Christ's Life-Changing Love***

WELCOME TO TRINITY CHURCH

Welcome to Trinity Episcopal Church! We're glad you chose to worship with us. We adapted the liturgy for this service from *A New Zealand Prayer Book* to guide our worship. In this leaflet, you'll find everything you need to follow along printed.

Whether you've been attending Trinity your whole life or this is your first time here, we invite you to participate in the service as fully as you feel comfortable doing.

If you're looking for a new church home, know that the Trinity family welcomes you. We would also appreciate your filling out a virtual visitors card, which can be accessed at this link:

<https://www.trinitymidtown.org/contact-card-page/>

For more information, please visit our website:

www.trinitymidtown.org

For questions about how to connect with us, please email
connections@trinitymidtown.org

Facebook Live Stream. Please be advised that this service is live streamed through our Trinity Facebook Page and YouTube channels. By participating in the service, you are consenting to the broadcast of your image and voice and to the broadcast of the image and voice of your children who participate.

A SPECIAL WELCOME TO THOSE WITH YOUNG CHILDREN

- Your children are welcome here at Trinity! First, please relax and enjoy your time here. We know that children tend to wiggle and squawk a bit, so please don't feel embarrassed by it.
- To make things easier for your family, dare to sit closer to the front where your child can see what's going on at the altar. Guide them in the liturgy and be models for them. Help them sing the hymns and encourage them to stand/sit when appropriate, say "Amen" and "Thanks be to God," and generally help them be a part of the service. The liturgy belongs to them too.
- If you have to leave, hurry back! Jesus wants the children here, and we do too. If you need help, just ask. There are many here who are willing to lend you a hand.
- Children's activity and worship bulletins are available for download from our website under the "Worship—Bulletins" tab, or following this link:

<https://www.trinitymidtown.org/childrens-bulletins/>

VESTRY

Andy Durham, *Senior Warden*

Eric Beam, *Junior Warden*

Brent Chambers

Tony Huffman

Pam Lawson

Mary Matteucci

John Merullo

Samantha Rainman

Jeanne Sommerfeld

Andréa Shiloh

Gladys Vallés

David Villarreal

Teddy Adams, *Chancellor*

Dana Gannon, *Assistant Chancellor*

Larry Laubach, *Treasurer*

Steve Lee, *Assistant Treasurer*

Ben Blanding, *Clerk of the Vestry*

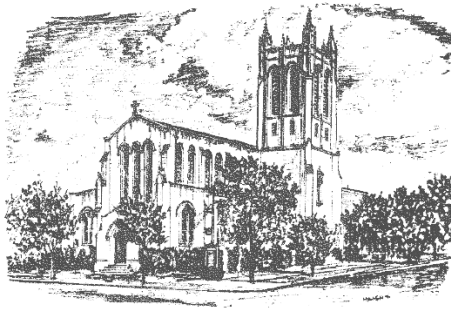
Samantha Rainman, *Assistant Clerk of the Vestry*

THE TRINITY JAZZ ENSEMBLE

Vocals: April Sloan-Hubert
Piano: Pelayo Parlade
Flute, Clarinet: Ernesto Vega
Bass: Alfred Kennedy

SERVING TODAY

Lector: Mary Ann Collier
Prayers: Jim Castro
Acolyte: Barrett Hess
Usher: Andy Durham
Audio Visual: Harold Robertson
Online Greeter: Pam Lawson
Altar Guild: Linda Davenport
Vestry of the Day: John Merullo



Follow us on:

Facebook

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<https://www.youtube.com/trinityepiscopalchurch>



The Liturgy of the Word

INSTRUMENTAL PRELUDE

Please stand as able.

Presider Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my Redeemer.

People God is with us, here we find new life!

Presider Let us worship God.

OPENING HYMN

No, Not One!

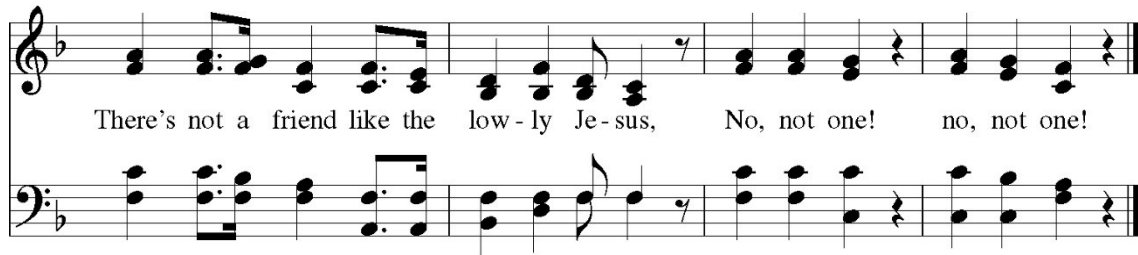
LEVAS, page 90

1. There's not a friend like the low - ly Je - sus,
2. No friend like Him is so high and ho - ly,
3. There's not an hour that He is not near us,
4. Did ev - er saint find this Friend for - sake Him?
5. Was e'er a gift like the Sav - ior giv - en?

1. No, not one! no, not one! None else could heal all our
2. No, not one! no, not one! And yet no friend is so
3. No, not one! no, not one! No night so dark but His
4. No, not one! no, not one! Or sin - ner find that He
5. No, not one! no, not one! Will He re - fuse us a

1. soul's dis - eas - es, No, not one! no, not one!
2. meek and low - ly, No, not one! no, not one!
3. Love can cheer us, No, not one! no, not one!
4. would not take him? No, not one! no, not one!
5. home in heav - en? No, not one! no, not one!

Je - sus knows all a - bout our strug - gles, He will guide till the day is done;



OPENING PRAYER

Presider Let us pray.
Lord, help us to see: to see what is eternally good and true, and
having seen, to go on searching until we come to the joys of heaven.
This we ask through Jesus Christ our Lord .

People **Amen.**

Please be seated.

THE FIRST LESSON

Exodus 20: 1-17

Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Reader Hear what the Spirit is saying to the Church.
People Thanks be to God.

THE SECOND LESSON

1 Corinthians 1: 18-25

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reader Hear what the Spirit is saying to the Church.
People Thanks be to God.

THE GOSPEL

Please stand as able

John 2: 13-22

Presider The Holy Gospel according to John.
People Praise and glory to God!

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Presider This is the Gospel of Christ.
People Praise to Christ, the Word.

Please be seated

SERMON

The Reverend Hannah E. Atkins Romero, Rector

MUSICAL REFLECTION

We will meditate quietly on God's word to us.

Please stand as able

THE PRAYERS OF THE PEOPLE

Response

Ky - ri - e, Ky - ri - e e - le - i - son.

9
Ky - ri - e, Ky - ri - e e - le - i - son.

17
Chri - ste, Chri - ste e - le - i - son.

25
Chri - ste, Chri - ste e - le - i - son.

Let us pray for the preservation of the earth. We give thanks for the beauty and abundance of the earth.

Give us and all peoples grace to live in harmony with your creation, wisdom and generosity in our use of its bounty.

Let us pray for peace and shared prosperity, and for the end of systemic racism that divides us.

We pray for leaders to serve the common good: Give wisdom to those who have responsibility and authority in every land, especially Joseph, our president; Kamala, our vice-president; Greg, our governor; Lina, our county judge; John, our mayor; and the legislatures, and courts; that we may share with justice the resources of the world, and work together in trust.

Response

Let us pray for the Church and its mission. In the Anglican cycle of prayer, for [the Most Reverend Stephen Kaziimba and the Church of the Province of Uganda](#). In the diocesan cycle of prayer for [Epiphany, Calvert; Holy Innocents, Madisonville; Plantación, Bryan; and St. Andrews, Bryan](#). In the ministry cycle of prayer for [Joanne Starbuck and the Pastoral Care Team](#). For the peace and unity of the Church of God.

We give thanks for the good news of salvation for all people. Strengthen us for our work in the world, empower your Church to proclaim the gospel in service, word and sacrament.

Unite in the truth all who confess your name, that we may live together in love to your glory.

Let us pray for ourselves and our community. We give thanks for the fellowship of the communities in which we live and work, especially Trinity Church.

We pray for our bishops and other ministers, especially Michael, our Presiding Bishop; Andy, Jeff, Kai (*pronounced "Kaye"*), and Hector, our Bishops; for Hannah, and Dale our clergy; and for all who minister in this place.

We commend to your keeping ourselves and each other, our families, those with whom we work and learn, our neighbors and our friends. Enable us by your Spirit to live in love for you and for one another.

Response

We give thanks that you are the God who brings mercy and wholeness. Comfort and heal, we pray, all who are in sorrow, need, sickness, or any other trouble, especially for those we now name: [Bill, Nick, Dale, Edith, Graeme, Christopher, Donna, Jason, Clyde, Presiding Bishop Michael Curry, Monica, Wally, Dorothy, Daniel, Ella, Julie, Teddy, Pam, Randy, Cindy, Meredith, Nikki, Annalise, James, Cynthia, and Angela.](#) Heavenly Father, our neighbor has nowhere to call home: help us be aware. Our neighbor needs love and community: help us be active. Our neighbor is crying out for justice: help us be adamant to see an end to homelessness. Let us give thanks for the faithful departed, especially for [Bruce David Hall, Judy Donatelle, Thad Berry, Mary Sanguinetti, the victims of war in Israel, Palestine, and Ukraine, and all victims of gun violence.](#) Grant that we, with all your saints, may be brought to a joyful resurrection and the fulfillment of your kingdom. We give you thanks for your servants in every age, especially for [Luke, Toni, Brian, and Cindy,](#) who are celebrating their birthdays.

Response

O God, we who come before you this day are many and diverse, with different needs and desires. We ask you to accept our thanksgivings, to guide our ways, and to receive our praise. O God, hear the prayers of your people.

The people may offer their own specific petitions, praises or thanksgivings.

Final Response

Ky - ri - e, Ky - ri - e e - le - i - son.

⁹
Ky - ri - e, Ky - ri - e e - le - i - son.

¹⁷
e - le - i - son.

THE CONFESSION

Presider Happy are those whose sins are forgiven, whose wrongs are pardoned. I will confess my sins to the Lord. I will not conceal my wrongdoings.

God forgives and heals us.

People We need your healing, merciful God: give us true repentance. Some sins are plain to us; some escape us; some we cannot face. Forgive us; set us free to hear your word to us; set us free to serve you.

Presider God forgives you. Forgive others; forgive yourself.

THE PEACE

Presider Blessed be Christ, the Prince of Peace.

People Who breaks down the walls that divide.

Presider The peace of God be always with you.

People Praise to Christ who makes us one.

MUSIC AT THE PEACE

Say a Little Prayer for You!

Burt Bacharach

Please be seated.

COMMUNITY LIFE AND ANNOUNCEMENT

BLESSING OF THE CHILDREN

The Liturgy of the Table

Please be seated.

OFFERTORY SENTENCE

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

OFFERING

Online Giving is available through AccessACS.

Go to www.trinitymidtown.org and click the "Give" button on the top right, click:

<https://onrealm.org/TrinityMidtown/give/now>

Texting. Send the message **heartofmidtown** to **73256**. Be sure to type heartofmidtown with no spaces, or autocorrect may insert information about a different church. The prompt will ask for a credit card number which can be kept on file for future contributions.

THE OFFERTORY

We Walk by Faith

Henry Alford
Hugh Wilson

THE GREAT THANKSGIVING

Please stand as able.

Presider The Lord is here.

People God's Spirit is with us.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to offer thanks and praise.

Presider

It is right indeed, it is our joy and our salvation, holy Lord, almighty Father, everlasting God, at all times and in all places to give you thanks and praise through Christ your only Son. You are the source of all life and goodness; through your eternal Word you have created all things from the beginning and formed us in your own image.

In your Son you suffered with us and for us, offering us the healing riches of salvation and calling us to freedom and holiness. Though tempted in every way as we are, yet he did not sin; through him therefore we may triumph over sin and grow in grace.

Therefore with people of every nation, tribe and language, with the whole Church on earth and in heaven, joyfully we give you thanks and say:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the one who comes in the Name of the Lord,
Hosanna in the highest.**

All glory and thanksgiving to you, holy Father; on the night before he died, your Son, Jesus Christ, took bread; when he had given you thanks, he broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me.

After supper he took the cup, and when he had given you thanks, he gave it to them and said: Drink this, all of you, for this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins; do this as often as you drink it, to remember me.

Therefore heavenly Father, in this sacrament of the suffering and death of your Son, we now celebrate the wonder of your grace and proclaim the mystery of our faith:

**Christ has died,
Christ is risen,
Christ will come in glory.**

Redeemer God, rich in mercy, infinite in goodness, we were far off until you brought us near and our hands are empty until you fill them.

As we eat this bread and drink this wine, through the power of your Holy Spirit feed us with your heavenly food, renew us in your service, unite us in Christ, and bring us to your everlasting kingdom. From you, and through you, and for you are all things. To you be the glory for ever,

A - - - men,

men, A - men, A -

And now, as our Savior Christ has taught us, we are bold to say,
**Our Father in heaven, hallowed be your Name,
 your kingdom come, your will be done, on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins as we forgive those who sin against us.
 Save us from the time of trial, and deliver us from evil.
 For the kingdom, the power, and the glory are yours, now and for ever.
 Amen.**

THE BREAKING OF THE BREAD

Prisider We break this bread to share in the body of Christ.

People We who are many are one body, for we all share the one bread.

INVITATION TO HOLY COMMUNION

Celebrant The Gifts of God for the People of God.

INSTRUCTIONS FOR HOLY COMMUNION

Please come forward to receive communion from a priest in front of the altar. If you wish to partake of the chalice, you may do so by intinction. Intinction is done by dipping a host into the wine, and is completely optional. If you prefer, it is perfectly fine to continue receiving the host only. If you are unable to come forward for communion, it will be brought to you in your pew.

We offer a gluten-free bread option for those with dietary restrictions who wish to receive communion. To receive a gluten free wafer, please clasp your hands with palms facing each other when you come forward for communion.



PRAYER FOR SPIRITUAL COMMUNION

The Prayer for Spiritual Communion is prayed by those at home unable to partake of communion in person

In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, we long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. We believe that you are truly present in the Holy Sacrament, and, since we cannot at this time receive communion, we pray you to come into our hearts. We unite ourselves with you and embrace you with all our hearts, our souls, and our minds. Let nothing separate us from you; let us serve you in this life until, by your grace, we come to your glorious kingdom and unending peace. Amen

COMMUNION HYMN

This Is My Body

LEVAS, page 155

PRAYER AFTER COMMUNION

Please stand as able.

This is my bod - y — giv - en up for you, — this is my
blood — poured out for you. — This is my bod - y — giv - en
up for you, — this is my blood — poured out for you. —
Bod - y of Christ, A - men, — Blood of
Christ, A - men, — Bod - y of Christ,
A - men, — Blood of Christ, A - men. —

Presider Blessed be God who calls us together.

People **Praise to God who makes us one people.**

Presider Blessed be God who has forgiven our sin.
People **Praise to God who gives hope and freedom.**

Presider Blessed be God whose Word is proclaimed.
People **Praise to God who is revealed as love.**

Presider Blessed be God who alone has called us.
People **Therefore we offer all that we are and all that we shall become.**

Presider Accept, O God, our sacrifice of praise.
People **Accept our thanks for all you have done.**

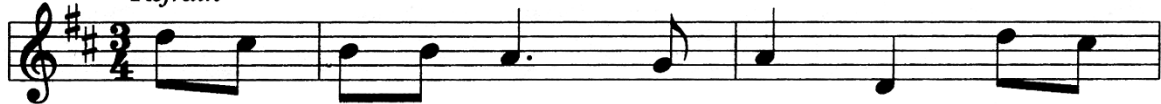
Presider Send us now into the world you love.
People **Give us grace to go thankfully and with courage
in the power of your Spirit. Amen.**

THE BLESSING

Look mercifully on this your family Almighty God, that by your great goodness they may be governed and preserved evermore through Christ our Lord. And may the blessing of God our Creator, Redeemer, and Giver of life be with you always.

People **Amen**

Refrain



With - out see - ing you, we love you; with - out



touch - ing you, we em - brace; with - out know - ing you, we

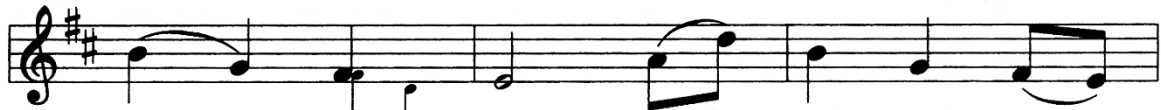


fol - low; with - out see - ing you, _____ we be - lieve. _____

Fine



1. We re - turn to you deep with - in, leave the
2. The spar - row will find a home, near to
3. For - ev - er we sing to you of your
4. For you are our shep - herd, there is



past to the dust; turn to you with tears and
 you, O God; how hap - py, we who
 good - ness, O God; pro - claim - ing to
 noth - ing that we need; in green pas - tures we will



fast - ing; you are read - y to for - give. _____
 dwell with you, for - ev - er in your house. _____
 all the world of your faith - ful - ness and love. _____
 find our rest, near the wat - ers of peace. _____

D.C.

THE DISMISSAL

Presider Go in peace to love and serve the Lord.
People We go in the name of Christ.

Thank you for worshipping with us this afternoon.

*Service music printed from Lift Every Voice and Sing II,
An African American Hymnal © 1993
Church Pension Fund. Used by permission.
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We would like to thank everyone who helped with this week's coffee hour.

*Please note that dates are open to host (part/all) coffee hour
on April 7, 14, 21, and 28.*

*To sign up, please scan the QR code below or contact Jamie Chambers:
jamielynnchambers@hotmail.com or call/text at 832-370-7155
if you need assistance.*

Thank you





THE WEEKLY WINDOW

OF TRINITY THE HEART OF MIDTOWN

March 3, 2024 – Third Sunday in Lent, Year B

Trinity Episcopal Church | www.trinitymidtown.org
1015 Holman @ Main | 713-528-4100

Sunday In-Person Services

8:00 am and 12:30 pm (Chapel)

10:30 am (Historic Church)

Sandwich Makers– March 5th, 10 am

Help is needed in making sandwiches for our Evening Prayer ministry. Each weekday, we feed up to fifty persons following our Evening Prayer service. We have many people for whom this is their only secure source for an evening meal. Please lend a hand in assembling sandwiches to help feed those in need.

Half Day Quiet Retreat – March 16th, 9am–1pm

You are invited to join us for a halfday quiet retreat led by Rev. Hannah. The retreat will include prayer, a labyrinth walk, journaling, stretching, meditation, and time to share reflections with one another. We will meet together in the Fellowship Hall. [RSVP HERE](#)

Manna Bags– March 17th, 11:45am

Be a blessing for the homeless this Lent. Let's help the EAC by assembling hygiene (toiletry) or manna (snack) bags for the homeless. EAC distributes these with their sack lunch program about once a month. Materials and instructions to be distributed during coffee hour to assemble at church, or at home. Our Lenten goal is to help provide 125 bags with prayers for hope and health and dignity.

Friends of Iman, Interfaith Iftar– March 19th, 6pm

Iman Haq was a humanitarian, thespian, equestrian, friend and philanthropist. She was taken on her 20th birthday. What the world lost in light, it gained in hope. We invite you to join us for an Interfaith Iftar with our friends from Interfaith Ministries honoring her life. [REGISTER HERE](#)

Baptism Class – March 23rd, 11am

We celebrate Holy Baptism during the Easter Vigil, March 30th, at 7:30pm. All people of any age are welcome to be baptized. In baptism we are sealed by the Holy Spirit and marked as Christ's own forever.

Baptism Class will be held Saturday, March 23rd, at 11:00am in the Smith Room. Please contact the Rector for more information at rector@trinitymidtown.org.

All Parish Retreat! Register Now!

Camp Allen Retreat Center

April 12–14th – [SIGN UP HERE](#)

All are welcome! \$60 adults/\$30 children plus \$15 each for Saturday night meal. We will enjoy fellowship, prayer, games, and more!

THIS WEEK AT TRINITY

Sunday, March 3rd, 2024

7:30am – 1:30pm Nursery Open

8:00 am Holy Eucharist, Rite I (Chapel)

9:00 am Sunday Meditations (Zoom)

9:30 am Education Hour

10:30 am Holy Eucharist, Rite I (Church)

11:45 am Coffee Hour (Fellowship Hall)

12:30 pm Holy Eucharist, Rite III (Chapel)

8:00 pm Compline (Facebook)

Monday, March 4th, 2024

12:00pm Yoga (Atrium 2)

5:30 pm Evening Prayer (Church)

Tuesday, March 5th, 2024

10:00am Sandwich Makers (Fellowship Hall)

11:00 am Women's Circle (Masterson)

12:00pm The Listening Post

5:30 pm Evening Prayer (Church)

Wednesday, March 6th, 2024

10:30am Staff Meeting

12:15 pm Good Times AA (Masterson)

5:30 pm Evening Prayer (Church)

6:00 pm Healing Service (Zoom)

7:00 pm Choir Rehearsal

Thursday, March 7th, 2024

12:15 pm Good Times AA (Masterson)

5:30 pm Evening Prayer (Church)

6:30pm Listening Heart (Masterson)

Friday, March 8th, 2024

12:15 pm Good Times AA (Masterson)

5:30 pm Evening Prayer (Church)

Saturday, March 9th, 2024

Our Weekly Zoom links can be found at

<https://www.trinitymidtown.org/zoom-withus>



PRAYERS

Our custom is to read aloud each week the names of those who request our prayers. We also remember in our Prayer Chain and Bulletin those who desire prayers. Please email to keep us informed. For information or comments about prayer names, please contact the Reverend Hannah Atkins Romero. If you would like to participate as a member of the prayer chain, please contact Norma Cooper.

Allegra, Gareth, Kazi, Aurora, Jimmie, Tom, Stephen, Emily, Van, Dick, Victims of Violence, Ric, Barbara, Sylvia, Joyce, Bob, David, Robert, Susan, Patty, Dana, Emilia, Gaby, Florence, Carolyn, Rick, Charles, Harrison, Kathy, Erma, Mary, Chris, Guillermo, Holly, Ray, Barbara, Howard, Claudie, Romy, Bryce, Rose, Bart, Marie, Josh, Christina, Collette, Sybil, Charlotte, Bob, Pamela

For the faithful departed:

Bruce David Hall, Judy Donatelle, Thad Berry, Mary Sanguinetti, the victims of war in Israel, Palestine and Ukraine and all victims of gun violence.

Rev. Hannah E. Atkins Romero, Rector
rector@trinitymidtown.org

Rev. Dale Klitzke, Priest Associate
dale.klitzke@gmail.com

Ryan Mire, Parish Administrator
parishadministrator@TrinityMidtown.org

Alex Jones Organist/Choirmaster
alexjonesorganist93@gmail.com

Pat Laubach, Volunteer Coordinator
volunteer@trinitymidtown.org

Carol Turley, Membership Secretary
membership@trinitymidtown.org

Larry Laubach, Treasurer
finance@trinitymidtown.org

Altar Flowers and Coffee Hour

If you would like to make a flower dedication, you can sign up at www.trinitymidtown.org/flower-ministry/.
The next available dates: Will resume April 14th, after Lent.



Sign-ups for coffee hour hosts are available, please signup online to volunteer [here](#) or scan QR code below. For questions or further information please contact Jamie Chambers: jamielynchambers@hotmail.com or call/text at 832-370-7155 if you need assistance.

Next available dates: April 7th, 14th, 21st, and 28th.



*Please note we will never ask you for money or gifts via email. Scams are circulating again, so please be aware and cautious.

Happy Birthday!

Luke McGinty, Toni Longino,
Brian Reed, Cindy Crum



@trinitychurchhouston



@trinityepiscopalmidtown



@trinityepiscopalchurch



Let's Connect | www.trinitymidtown.org

Office Hours

Monday–Thursday 9 am – 3 pm

Friday 9 am – 1 pm

If you have building concerns please email parishadministrator@trinitymidtown.org.



For more information on annual giving visit www.trinitymidtown.org/give.

THE SEASON OF LENT

Early Christians observed "a season of penitence and fasting" in preparation for the Paschal feast, or Pascha (BCP, pp. 264-265). The season now known as Lent (from an Old English word meaning "spring," the time of lengthening days) has a long history. Originally, in places where Pascha was celebrated on a Sunday, the Paschal feast followed a fast of up to two days. In the third century this fast was lengthened to six days. Eventually this fast became attached to, or overlapped, another fast of forty days, in imitation of Christ's fasting in the wilderness. The forty-day fast was especially important for converts to the faith who were preparing for baptism, and for those guilty of notorious sins who were being restored to the Christian assembly.

In the western church the forty days of Lent extend from Ash Wednesday through the Saturday before Palm Sunday. Palm Sunday marks the beginning of Holy Week, and the last three days of Holy Week are the sacred Triduum of Maundy Thursday, Good Friday, and Holy Saturday.

Purple is the traditional color of Lent, as it represents for us both repentance and royalty. Jesus was dressed in a purple robe during his Passion as a mockery of his being "the king of the Jews"; since long before his time, purple had been a symbol of royalty. For example, in Exodus, we can read how Moses ordered the tabernacle to be made of "ten sheets woven of fine linen twine and of violet, purple, and scarlet yarn" (Exodus 26:1) and in 2 Chronicles 3:14 we read that Solomon ordered the temple in Jerusalem to be decorated with fabric of the same colors. The Church decided to keep the color purple as a symbol, not just of penance and mourning (in anticipation of the crucifixion, and with reference to Jesus), but also as a reminder of the need to confront our own sins, to prepare ourselves spiritually, and to help our neighbors to draw closer to God and his kingdom (conserving in this way the solemn character traditionally assigned to purple).

All Christians are invited "to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word" (BCP, p. 265).

In accordance with ancient custom the Book of Common Prayer provides that in Lent, Alleluia is omitted, and may be omitted at other times except during Easter season (BCP, p. 337).



BULLETIN INSERTS

March 3, 2024 – Lent 3 (B)

Week 3: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at iam.ec/lifetransformed or by scanning the QR code to the right.



Week 3

Sunday, March 3

Today's Practice: Watch the Rev. Dr. Hillary Raining's video at iam.ec/lifetransformed for Week 3. The topic is based on the practice "Learn" and is titled, "Learn Wisdom and Live".

Read: Proverbs 8:1-8, 19-21; 9:4b-6

Monday, March 4

Today's Prompt: Intentionally smile at least ten times today.

Read: "Rejoice in the Lord always; again I will say, Rejoice." – Philippians 4:4

Tuesday, March 5

Today's Prompt: How might you connect with others in the spirit of renewal?

Read: "He said, 'Go out and stand on the mountain before the Lord, for the Lord is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind, and after the wind an earthquake, but the Lord was not in the earthquake, and after the earthquake a fire, but the Lord was not in the fire, and after the fire a sound of sheer silence." - 1 Kings 19:11-12

Wednesday, March 6

Today's Prompt: How can you build pauses into the day to reflect on the work of the Spirit?

Read: "I am the vine; you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing." – John 15:5

Published by the Office of Formation of The Episcopal Church, 815 Second Avenue, New York, N.Y. 10017

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Thursday, March 7

Today's Prompt: What relationships do you need to mend?

Read: "Seek the Lord while he may be found; call upon him while he is near; let the wicked forsake their way and the unrighteous their thoughts; let them return to the Lord, that he may have mercy on them, and to our God, for he will abundantly pardon. For my thoughts are not your thoughts, nor are your ways my ways, says the Lord." – Isaiah 55:6-8

Friday, March 8

Today's Prompt: Create a prayer representing how you seek to serve God and follow Jesus.

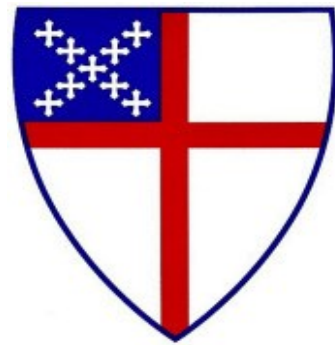
Read: "People do not light a lamp and put it under the bushel basket; rather, they put it on the lampstand, and it gives light to all in the house." – Matthew 5:15

Saturday, March 9

Today's Prompt: What seminal moments have informed a need to return to Christ?

Read: "Hide your face from my sins and blot out all my iniquities." – Psalm 51:10

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