The First Sunday in Lent

February 26, 2023 10:30 a.m.



The Right Reverend Kathryn 'Kai' Ryan, Bishop Suffragan of Texas The Reverend Hannah E. Atkins Romero, Rector The Reverend Luz Cabrera Montes, Associate Rector The Reverend Dale Klitzke, Priest Associate

Alex Jones, Organist and Choirmaster

Making God's Presence Real By Sharing Christ's Life-Changing Love

WELCOME TO TRINITY CHURCH

Welcome to Trinity Episcopal Church! We're glad you chose to worship with us. We follow the 1979 Book of Common Prayer (BCP) to guide our worship. In this leaflet, you'll find everything you need to follow along printed.

Whether you've been attending Trinity your whole life or this is your first time here, we invite you to participate in the service as fully as you feel comfortable doing.

If you're looking for a new church home, know that the Trinity family welcomes you. We would also appreciate your filling out a virtual visitors card, which can be accessed at this link:

https://www.trinitymidtown.org/contact-card-page/

For more information, please visit our website: www.trinitymidtown.org

Facebook Live Stream. Please be advised that this service is live streamed through our Trinity Facebook Page and YouTube channels. By participating in the service, you are consenting to the broadcast of your image and voice and to the broadcast of the image and voice of your children who participate.

Children 3yrs through 3rd grade Catechesis of the Good Shepherd Meets in room 112 at 9:30 a.m. and the children return to their parents at the passing of the peace.

A SPECIAL WELCOME TO THOSE WITH YOUNG CHILDREN

- Your children are welcome here at Trinity! First, please relax and enjoy your time here. We know that children tend to wiggle and squawk a bit, so please don't feel embarrassed by it.
- Each Sunday, your child may pick up a pew activity in the back of the church.
- To make things easier for your family, dare to sit closer to the front where your child can see what's going on at the altar. Guide them in the liturgy and be models for them. Help them sing the hymns and encourage them to stand/sit when appropriate, say "Amen" and "Thanks be to God," and generally help them be a part of the service. The liturgy belongs to them too.
- If you have to leave, hurry back! Jesus wants the children here, and we do too. If you need help, just ask. There are many here who are willing to lend you a hand.
- Children's activity and worship bulletins are available for download from our website under the "Worship—Bulletins" tab, or following this link:

https://www.trinitymidtown.org/childrens-bulletins/

VESTRY Andy Durham, Senior Warden John Escoto, Junior Warden

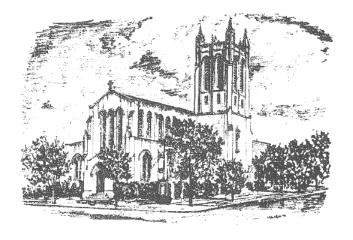
Eric Beam Ben Blanding Pam Lawson Mary Matteucci Ann McCoy John Merullo Samantha Rainman Gladys Vallés David Villarreal Michele White

Teddy Adams, Chancellor Dana Gannon, Assistant Chancellor Larry Laubach, Treasurer Steve Lee, Assistant Treasurer Ben Blanding, Clerk of the Vestry Samantha Rainman, Assistant Clerk of the Vestry

LAY MINISTERS SERVING TODAY

Lector: Harrison G. Moore, IV LEMs: Larry Laubach, Pat Laubach Acolyte: L. Blanding, J. Sennewald, A. Sennewald, A. Lomasang, K. Lomasang Ushers: Steve Lee, Leah Stasney, Jackson Griffon Verger: Alex Bruton Vestry of the Day: Samantha Rainman Altar Guild: Joanne Starbuck, Alex Bruton, Mark Goza Audio Visual: Jeremy Velasquez Online Creater Minuel Stangeinber

Online Greeter: Miguel Stonecipher





Follow us on:

Facebook https://www.facebook.com/trinitychurchhouston

Instagram https://instagram.com/trinityepiscopalmidtown

Youtube https://www.youtube.com/trinityepiscopalchurch



CONFIRMATION AND HOLY EUCHARIST RITE I

10:30 a.m. Historic Church

Please enter in a spirit of prayerful contemplation.

The Liturgy of the Word

Please stand as the Procession enters the church.

THE GREAT LITANY S67

The Officiant at the Litany may be a lay cantor.

Officiant	0	People	
O God the Father, Creator of heaven Officiant	and earth,	Have mer-cy People	up-on us.
O God the Son, Redeemer of the Officiant	e world,	Have mer - cy People	ıp-on us.
O God the Holy Ghost, Sanctifier of t Officiant	he faith - ful	, Have mer-cy People	up-on us.
O holy, blessed, and glorious Trinity,	one God,	Have mer-cy	up-on us.
Remember not, Lord Christ, our offenses, nor			
Remember not, Lord Christ, our offenses, nor reward us according to our sins. Spare us, good hast redeemed with thy most precious blood, a	d Lord, spare t	hy people, whom	
reward us according to our sins. Spare us, good	d Lord, spare t nd by thy mer	hy people, whom	
reward us according to our sins. Spare us, good hast redeemed with thy most precious blood, a	d Lord, spare t nd by thy mer People	hy people, whom t	•
reward us according to our sins. Spare us, good hast redeemed with thy most precious blood, a preserve us for ev - er. Officiant	d Lord, spare t nd by thy mer <i>People</i> Spare	hy people, whom t	Lord.
reward us according to our sins. Spare us, good hast redeemed with thy most precious blood, a preserve us for ev - er.	d Lord, spare t nd by thy mer <i>People</i> Spare	hy people, whom the cy and the second secon	Lord.
reward us according to our sins. Spare us, good hast redeemed with thy most precious blood, a preserve us for ev - er. Officiant	d Lord, spare t nd by thy mer <i>People</i> Spare de, vanity and	hy people, whom the cy and the second secon	Lord.
reward us according to our sins. Spare us, good hast redeemed with thy most precious blood, a preserve us for ev - er. Officiant From all evil and mischief; from price	d Lord, spare t nd by thy mer <i>People</i> Spare de, vanity and	hy people, whom the cy and the second secon	Lord.
reward us according to our sins. Spare us, good hast redeemed with thy most precious blood, a preserve us for ev - er. Officiant From all evil and mischief; from pride malice; and from all e- vil in People	d Lord, spare t nd by thy mer <i>People</i> Spare de, vanity and	hy people, whom the cy and the second secon	Lord.

From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws,

Savior deliver us.

From sins of body and mind; from deceits of the world, flesh and the devil, **Savior deliver us.**

From famine and disaster; from violence, murder, and dying unprepared, **Savior deliver us.**

In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

Savior deliver us.

By the mystery of your holy Incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

Savior deliver us.

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

Savior deliver us.

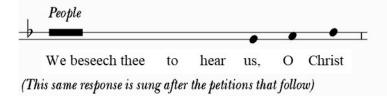
By your agony and trial; by your cross and passion; by your precious death and burial, **Savior deliver us.**

By your mighty Resurrection; by your glorious Ascension; and by your sending of the Holy Spirit,

Savior deliver us.

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment, **Savior deliver us.**

Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.



Give us boldness to preach the gospel in all the world, and to make disciples of all the nations. Hear us, O Christ. Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word. **We beseech thee to hear us, O Christ.**

Give your people grace to witness to your word and bring forth the fruit of your Spirit. **We beseech thee to hear us, O Christ.**

Bring into the way of truth all who have erred and are deceived. **We beseech thee to hear us, O Christ.**

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

We beseech thee to hear us, O Christ.

Guide the leaders of the nations into the ways of peace and justice. **We beseech thee to hear us, O Christ.**

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments, **We beseech thee to hear us, O Christ.**

Give your wisdom and strength to Joseph, the President of the United States, Greg, the Governor of Texas, Lina, the County Judge of Harris County, and Sylvester, the Mayor of Houston that in all things they may do your will, for your glory and the common good. **We beseech thee to hear us, O Christ.**

Give to the Congress of the United States, the Vice-President and members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth. **We beseech thee to hear us, O Christ.**

Bless the Justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people. **We beseech thee to hear us, O Christ.**

Give us the will to use the resources of the earth to your glory and for the good of all. **We beseech thee to hear us, O Christ.**

Bless and keep all your people, We beseech thee to hear us, O Christ.

Comfort and liberate the lonely, the bereaved and the oppressed. *We beseech thee to hear us, O Christ.*

Keep in safety those who travel and all who are in peril. We beseech thee to hear us, O Christ.

Heal the sick in body, mind or spirit, especially Bill, Nick, Eugenia, Harrison, Byron, Theresa, Florence, and Vinod; and provide for the homeless, the hungry and the destitute. **We beseech thee to hear us**, **O Christ.**

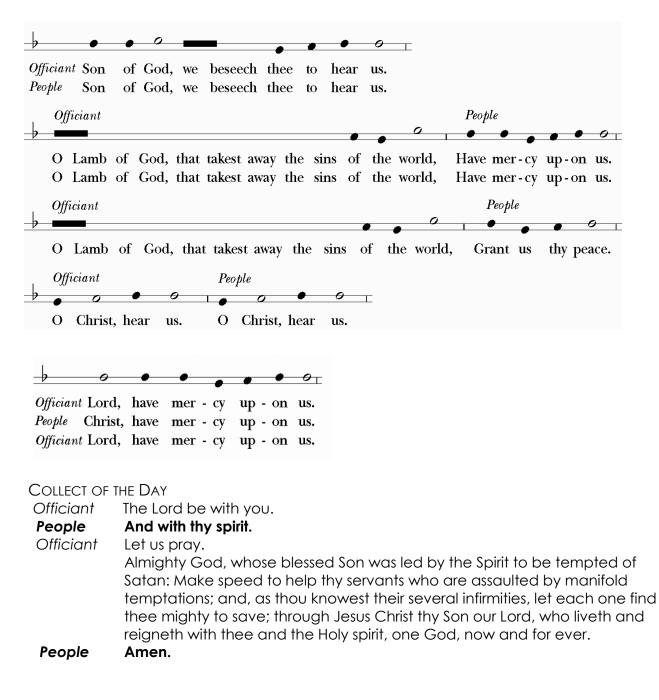
Guard and protect all children who are in danger. We beseech thee to hear us, O Christ.

Shower your compassion on prisoners, hostages and refugees, and all who are in trouble. *We beseech thee to hear us, O Christ.*

Forgive our enemies, persecutors and slanderers, and turn their hearts. *We beseech thee to hear us, O Christ.*

Hear us as we remember those who have died, especially Cintra Todd, Thomas Leone, Patricia Feuerborn, victims of the earthquakes in Turkey and Syria, all victims of gun violence and all who have perished from contracting the Coronavirus, and grant us with them a share in your eternal glory.

We beseech thee to hear us, O Christ.



The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader The Word of the Lord. **People Thanks be to God**.

Psalm 32

Beati quorum Sung by the choir Plainchant, Tone III.4

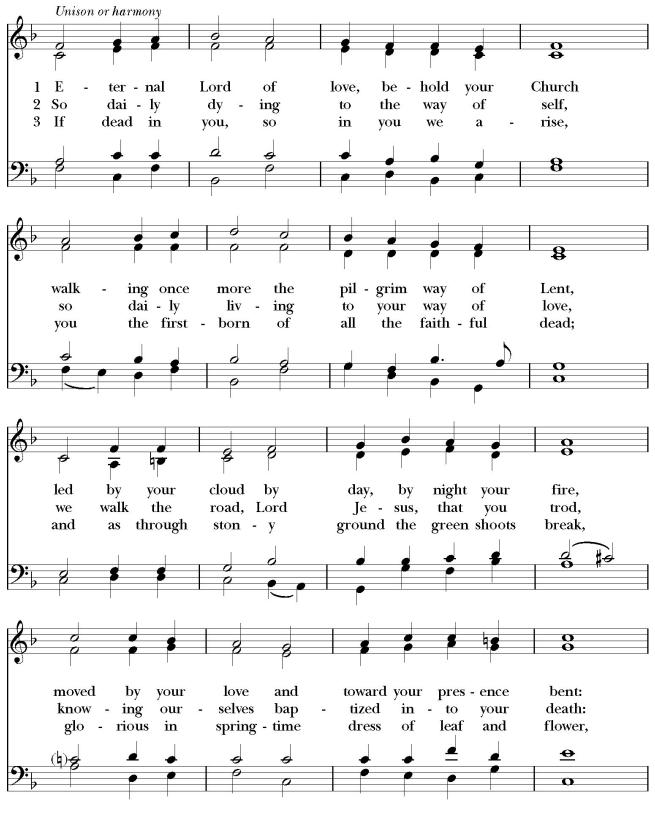
- 1 Happy are they whose transgressions are forgiven, * and whose sin is put away!
- 2 Happy are they to whom the Lord imputes no guilt, * and in whose spirit there is no guile!
- 3 While I held my tongue, my bones withered away, * because of my groaning all day long.
- 4 For your hand was heavy upon me day and night; * my moisture was dried up as in the heat of summer.
- 5 Then I acknowledged my sin to you, * and did not conceal my guilt.
- 6 I said," I will confess my transgressions to the Lord." * Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble; * when the great waters overflow, they shall not reach them.
- 8 You are my hiding-place; you preserve me from trouble; * you surround me with shouts of deliverance.
- 9 "I will instruct you and teach you in the way that you should go; * I will guide you with my eye.
- 10 Do not be like horse or mule, which have no understanding; * who must be fitted with bit and bridle, or else they will not stay near you."
- 11 Great are the tribulations of the wicked; * but mercy embraces those who trust in the Lord.
- 12 Be glad, you righteous, and rejoice in the Lord; * shout for joy, all who are true of heart.

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

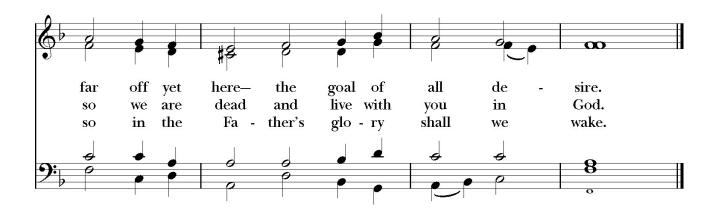
But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader The Word of the Lord. **People Thanks be to God**. Please stand as able.



HYMN AT THE SEQUENCE 149 Eternal Lord of love, behold your Church Old 124th



THE HOLY GOSPEL

Matthew 4: 1-11

Officiant The Holy Gospel of our Lord Jesus Christ according to Matthew. **People** Glory be to thee, O Lord.

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.' Then the devil left him, and suddenly angels came and waited on him.

Officiant The Gospel of the Lord. People Praise be to thee, O Christ.

 Please be seated.

 SERMON
 The Right Reverend Kathryn 'Kai' Ryan, Bishop Suffragan of Texas

CONFIRMATION

Presentation and Examination of the Candidates

BCP, page 415

The Bishop says

The Candidates will now be presented:

- Presenters I present this/these person(s) for Confirmation: Abigail Rose Swearengin, Javiera Beatriz Bravo-Alegría, Lindsey Jo von Holten, Jason Christopher Hruska.
- Presenters I present this/these person(s) to be received into this Communion:

Andrea Leigh Horton, Wendy L. Wentland.

Presenters I present this/these person(s) who desire to reaffirm their baptismal vows: Sylvia Gail Drew, Andréa Reneé Shiloh.

The Bishop asks the candidates

Bishop	Do you reaffirm your renunciation of evil?
Candidate	l do.

Bishop Do you renew your commitment to Jesus Christ?

Candidate I do, and with God's grace I will follow him as my Savior and Lord.

The congregation will please stand as able.

After all have been presented, the Bishop addresses the congregation, saying Will you who witness these vows do all in your power to support these persons in their life in Christ? **People** We will.

The Bishop then says

Let us join with those who are committing themselves to Christ and renew our own baptismal covenant.

BAPTISMAL COVENANT

Celebrant People Celebrant People	Do you believe in God the Father? I believe in God, the Father almighty, creator of heaven and earth. Do you believe in Jesus Christ, the Son of God? I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.
Celebrant People	Do you believe in God the Holy Spirit? I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.
Celebrant	Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?
People	I will, with God's help.
Celebrant People	Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord? I will, with God's help.
Celebrant People	Will you proclaim by word and example the Good News of God in Christ? I will, with God's help.

Celebrant Will you seek and serve Christ in all persons, loving your neighbor as yourself?

People I will, with God's help.

Celebrant Will you strive for justice and peace among all people, and respect the dignity of every human being?People I will, with God's help.

PRAYERS FOR THE CANDIDATES

The Bishop then says to the people

Let us now pray for these persons who have renewed their commitment to Christ.

A Person appointed leads the following petitions:

Leader	Deliver them, O Lord, from the way of sin and death.
People	Lord, hear our prayer.
Leader	Open their hearts to your grace and truth.
People	Lord, hear our prayer.
Leader	Fill them with your holy and life-giving Spirit.
People	Lord, hear our prayer.
Leader	Keep them in the faith and communion of your holy Church.
People	Lord, hear our prayer.
Leader	Teach them to love others in the power of the Spirit.
People	Lord, hear our prayer.
Leader	Send them into the world in witness to your love.
People	Lord, hear our prayer.
Leader	Bring them to the fullness of your peace and glory.
People	Lord, hear our prayer.

A period of silence follows.

Then the Bishop says

Almighty God, we thank you that by the death and resurrection of your Son Jesus Christ you have overcome sin and brought us to yourself, and that by the sealing of your Holy Spirit you have bound us to your service. Renew in these your servants the covenant you made with them at their Baptism. Send them forth in the power of that Spirit to perform the service you set before them; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

Amen.

For Confirmation

The Bishop lays hands upon each one and says

Strengthen, O Lord, your servant \mathbf{N} with your Holy Spirit; empower him/her for your service; and sustain him all the days of his/her life

Amen.

For Reception

The Bishop says to each one

N, we recognize you as a member of the one holy catholic and apostolic Church, and we receive you into the fellowship of this Communion. God, the Father, Son, and Holy Spirit, bless, preserve, and keep you.

Amen.

For Reaffirmation

The Bishop says to each one

N, may the Holy Spirit, who has begun a good work in you, direct and uphold you in the service of Christ and his kingdom.

Amen.

Then the Bishop says

Almighty and everlasting God, let your fatherly hand ever be over these your servants; let your Holy Spirit ever be with them; and so lead them in the knowledge and obedience of your Word, that they may serve you in this life, and dwell with you in the life to come; through Jesus Christ our Lord.

Amen.

The children who attended Catechesis of the Good Shepherd will return at this point so that they can participate with their families in the Holy Communion.

Please stand as able.

The Peace

CelebrantThe peace of the Lord be always with you.PeopleAnd also with you.

Please pass the peace in a socially distanced manner.

Please be seated.

BLESSING OF THE CHILDREN

WELCOME AND ANNOUNCEMENTS

Vestry Commissioning

- Sponsor I present to you, Andy Durham, John Escoto, Eric Beam, Ban Blanding, Pam Lawson, Mary Matteucci, Ann McCoy, John Merullo, Samantha Rainman, Gladys Vallés, David Villarreal, and Michele White to be admitted to the Trinity Vestry in this congregation.
- Celebrant The Lord gives wisdom; from his mouth come knowledge and understanding; he stores up sound wisdom for the upright; he is a shield to those who walk in integrity.
 - V. I am your servant; grant me understanding:
 - R. That I may know your decrees.

Celebrant Let us pray. (Silence)

O Eternal God, the foundation of all wisdom and the source of all courage: Enlighten with your grace the Wardens and Vestry of this congregation, and so rule their minds, and guide their counsels, that in all things they may seek your glory and promote the mission of your Church; through Jesus Christ our Lord. **Amen.**

In the Name of God and of this congregation. I commission Andy Durham, John Escoto, Eric Beam, Ban Blanding, Pam Lawson, Mary Matteucci, Ann McCoy, John Merullo, Samantha Rainman, Gladys Vallés, David Villarreal, and Michele White as members of the Vestry in this Parish.

> THE HOLY COMMUNION Please be seated

OFFERTORY SENTENCE

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offering

Online Giving is available through AccessACS.

Go to www.trinitymidtown.org and click the "Give" button on the top right, or click: <u>https://secure.accessacs.com/access/oglogin.aspx?sn=156477</u>

Texting. Send the message **heartofmidtown** to **73256**. Be sure to type heartofmidtown with no spaces, or autocorrect may insert information about a different church. The prompt will ask for a credit card number which can be kept on file for future contributions.



OFFERTORY ANTHEM

Like as the Hart

Herbert Howells (1892-1983)

Like as the hart desireth the waterbrooks, so longeth my soul after the, O God. My soul is a thirst for God, yea, even for the living God, When shall I come to appear before God? My tears have been my meat day and night, While they daily say unto me, Where is now thy God? Like as the hart desireth the waterbrooks, so longeth my soul after the, O God. My soul is a thirst for God, yea, even for the living God, When shall I come to appear before the presence of God? Please stand as able.

HYMN AT THE PRESENTATION 380, stanza 3

Old 100th

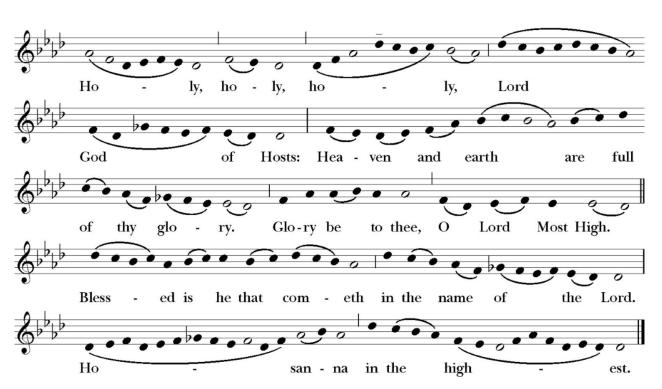


The Celebrant proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,



Sanctus and Benedictus \$115

Missa Marialis

The Celebrant continues

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy,

didst give thine only Son Jesus Christ to take our nature upon him,

and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

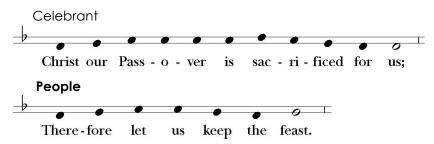
By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen**.

And now, as our Savior Christ hath taught us, we are bold to say,

Celebrant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

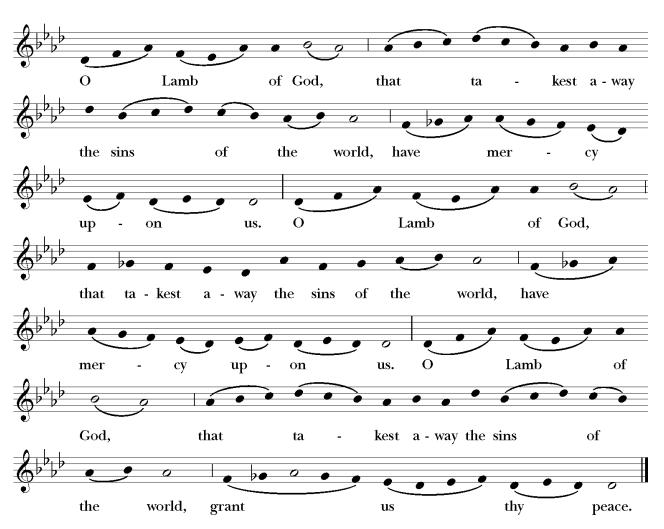
FRACTION ANTHEM \$153



INVITATION TO HOLY COMMUNION Celebrant The Gifts of God for the People of God.

AGNUS DEI \$159

Missa Marialis



INSTRUCTIONS FOR HOLY COMMUNION

Please come forward to receive communion at the Altar rail. If you wish to partake of the chalice, you may do so by intinction. Intinction is done by dipping a host into the wine, and is completely optional. If you prefer, it is perfectly fine to continue receiving the host only. If you are unable to come forward for communion, it will be brought to you in your pew.



We offer a gluten-free bread option for those with dietary restrictions who wish to receive communion. To receive a gluten free wafer, please clasp your hands with palms facing each other when you come forward for communion.

PRAYER FOR SPIRITUAL COMMUNION

The Prayer for Spiritual Communion is prayed by those at home unable to partake of communion in person

In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, we long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. We believe that you are truly present in the Holy Sacrament, and, since we cannot at this time receive communion, we pray you to come into our hearts. We unite ourselves with you and embrace you with all our hearts, our souls, and our minds. Let nothing separate us from you; let us serve you in this life until, by your grace, we come to your glorious kingdom and unending peace. Amen.

MUSIC AT COMMUNION

ANTHEM	Ave Verum Corpus	William Byrd (1540-1623)
Ave verum Corpus, natum ex Maria Virgine, Vere passum, immolatum In cruce pro homine, Cujus latus perforatum unda fluxit sanguine: Esto nobis prægustatum In mortis examine. O dulcis, O pie, O Jesu Fili Mariae,	Thou who truly h upon the Thou whose sac stream c O may'st thou, c at death	irgin birth:
miserere mei. Amen.	on me thy mercy. Amen.	
Amen.	Amen.	

The Celebrant distributes a communion kit saying,

Celebrant On behalf of God and Trinity Parish, we send forth these holy gifts that those who will be visited may share with us in the communion of Christ's Body and Blood.
 People Amen.

Please stand or kneel as able.

POST COMMUNION PRAYER

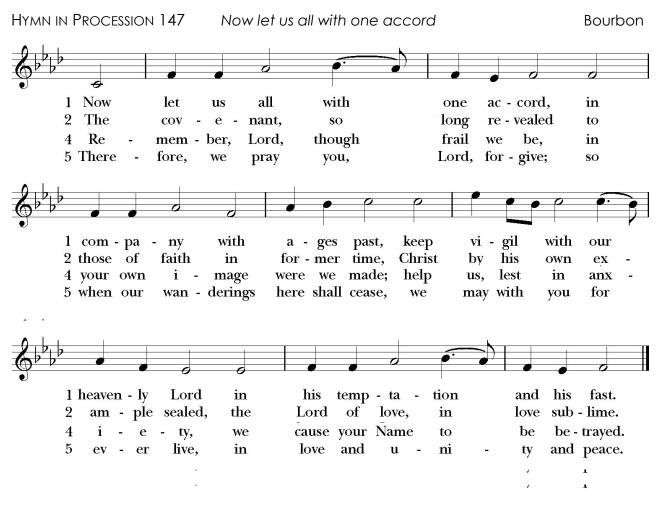
Almighty and ever living God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

Grant, Almighty God, that thy people may recognize their weakness and put their whole trust in thy strength, so that they may rejoice for ever in the protection of thy loving providence; through Jesus Christ our Lord. And may the blessing of God our Creator, Redeemer and Giver of life be with you always.

Amen.

Please stand as able.



DISMISSAL

Officiant Let us bless the Lord. People Thanks be to God.

Please join us for Coffee Hour in Fellowship Hall immediately following this service.

Service music printed from The Hymnal ©1982 Church Pension Fund. Used by permission. Additional licensing from OneLicense.net #A-705504. We would like to thank the Blanding family for this week's coffee hour. Please note the following dates are open to host (part/all) coffee hour on March 5, March 26, and April 16. Please sign up in the Fellowship Hall or online.

> We also have flower dedication dates available for April 9 (Easter Sunday), April 16. and April 23. Easter flower orders are now available on our website.



THE WEEKLY WINDOW

OF TRINITY THE HEART OF MIDTOWN February 26, 2023 – First Sunday of Lent Year A



Sunday In-Person Services

8:00 am and 12:30 pm (Chapel) 10:30 am (Historic Church)

Trinity Episcopal Church | www.trinitymidtown.org 1015 Holman @ Main | 713-528-4100

The Black Christ Book Study:

On Monday, February 27th, 2023 at 7 pm Trinity will have a Zoom book study on "The Black Christ" the 25th Anniversary Edition by Kelly Brown Douglas. We hope you will join us for conversation, learning, and fellowship, RSVP <u>here</u>.

Stations of the Cross:

March 1st: Outdoor Installation by Adam Kufeld begins.

March 3rd: Indoor Installation, Contemporary Stations of the Cross by Esael Araujo begins.

March 3, 10, 17, 24, 31: Friday Stations of the cross will be livestreamed at 12pm

We invite you to take time to meditate on the Stations of the Cross as you reflect during the Lenten season. Thank you to those who have contributed this year.

Blood Drive

It takes just one hour to donate blood, but that one hour can change everything. Let's make a difference and save lives in our community! Join us this Sunday from 9am-1pm to give the gift of life. We are once again partnering with the Gulf Coast Regional Blood Center and we hope to see you at the Donor Coach!

Click HERE to schedule your appointment!

Want to save time at your donation? Complete your health history interview in advance with CFL Express Pass!

Women's Retreat/Quiet Half Day:

The Women's ministry will sponsor a quiet retreat time on Mar. 25, 9:30am–1pm. Our schedule includes Morning Prayer; Labryinth Walk; Intro to Wil Gafney's Women's Lectionary; Writing/Journaling; Sharing; Stretching and Meditation; Midday Prayer and Lunch. We hope to see you there. You can RSVP <u>here</u>.

Lent Brochure and Parish Life Guide:

For a complete guide to all our offerings during Lent at Trinity Episcopal, please click <u>here</u>.

For our Spring 2023 Parish Life Guide please click here.

More Upcoming Events:

2/26: Bishop Kathryn M. Ryan visits Trinity Episcopal / Gulf Coast Blood Drive
3/26: Family Picnic, 3pm Francis St. Lawn (RSVP<u>here</u>)
3/29: Pub Theology, 7pm The Brass Tap with Guest Brad Sullivan author of For the Hurt, the Blessed, and the Damned

THIS WEEK AT TRINITY

Sunday, February 26th, 2023

Bishop Ryan Visit 8:00 am Holy Eucharist, Rite I Chapel 9:00 am Sunday Meditations (Zoom) 9:00 am Blood Drive 9:30 am Education Hr for All – Adults in Smith Rm, Tweens in Fellowship Hall, Kids in Atrium 10:20 am Holy Euchariat, Bita II Church

10:30 am Holy Eucharist, Rite II Church 12:30 pm Holy Eucharist, Rite III Chapel 8:00 pm Compline

Monday, February 27th, 2023

5:30 pm Evening Prayer 7:00 pm The Black Christ Book Discussion (Zoom)

Tuesday, February 28th, 2023 5:30 pm Evening Prayer

Wednesday, March 1st, 2023

10:30 am Staff Meeting12:15 pm Good Times AA meeting Y. Rm5:30 pm Evening Prayer6:00 pm Healing Service -Zoom6:00 pm Choir Rehearsal

Thursday, March 2nd, 2023

12:15 pm Good Times AA meeting Y. Rm 5:30 pm Evening Prayer

Friday, March 3rd, 2023

10:00 am Garden Club 12:15 pm Good Times AA meeting Y. Rm 5:30 pm Evening Prayer

Saturday, March 4th, 2023

Our Weekly Zoom links can be found at

https://www.trinitymidtown.org/zoom-withus/



PRAYERS

Our custom is to read aloud each week the names of those who request our prayers. We also remember in our Prayer Chain and Bulletin those who desire prayers. Please email to keep us informed. For information or comments about prayer names, please contact the Reverend Hannah Atkins Romero. If you would like to participate as a member of the prayer chain, please contact Norma Cooper.

Allegra, Gareth, Kazi, Aurora, Jimmie, Tom, Jill, Stephen, Emily, Van, Dick, Teresa, Victims of Violence, Ric, Barbara, Livia, Carolyn, Sylvia, Daniel, Kensington, Theorphilis, Lynn, Joyce, Bob, Cindy, Christine, David, Robert, Phil, Richard, Patty, Jose, Julie, Callie, Billie, Be, Graham, Debbie, Dana, Edgar, Gary, Maryanne Sam, Samantha, Vinod, and Jarrett.

For the faithful departed

Cintra Todd, Thomas Leone, Patricia Feuerborn, victims of the earthquake in Turkey and Syria, all victims of gun violence and all who have perished from contracting the Coronavirus.

Altar Flowers and Coffee Hour

If you would like to make a flower dedication, you can sign up at <u>www.trinitymidtown.org/flower-ministry/</u>.

The next available dates: April 9th (Easter Sunday), 16th, and 23rd.

For Easter Flower ordering click HERE.

Sign-ups for coffee hour hosts are available, please signup online to volunteer <u>here</u>. Next available dates: March 5th, March 26th, April 16th.

Rev. Hannah E. Atkins Romero, Rector rector@trinitymidtown.org

Rev. Luz Cabrera Montes, Associate Rector associaterector@trinitymidtown.org

Rev. Dale Klitzke, Priest Associate dale.klitzke@gmail.com

Ryan Mire, Parish Administrator parishadministrator@TrinityMidtown.org

Lauren Santerre, Admin Assistant adminassistant@trinitymidtown.org

Alex Jones Organist/Choirmaster alexjonesorganist93@gmail.com

Carver Mathis, Youth Missioner youth@trinitymidtown.org

Pat Laubach, Volunteer Coordinator volunteer@trinitymidtown.org

Carol Turley, Membership Secretary membership@trinitymidtown.org

Larry Laubach, Treasurer finance@trinitymidtown.org



Alexander Obregon, Soraya Blanding, Mary Peterson, Emma Treadwell, Leila Blanding, Charles Cooper, Tony Sessions, Les Prebilsky, Kevin Smith



Office Hours Monday–Thursday 9 am – 4 pm Friday 9 am – 1 pm

If you have building concerns please email <u>frontoffice@trinitymidtown.org</u>. Thanks!



For more information on annual giving visit 2023 Stewardship Campaign.

The Season of Lent

Early Christians observed "a season of penitence and fasting" in preparation for the Paschal feast, or Pascha (BCP, pp. 264-265). The season now known as Lent (from an Old English word meaning "spring," the time of lengthening days) has a long history. Originally, in places where Pascha was celebrated on a Sunday, the Paschal feast followed a fast of up to two days. In the third century this fast was lengthened to six days. Eventually this fast became attached to, or overlapped, another fast of forty days, in imitation of Christ's fasting in the wilderness. The forty-day fast was especially important for converts to the faith who were preparing for baptism, and for those guilty of notorious sins who were being restored to the Christian assembly.

In the western church the forty days of Lent extend from Ash Wednesday through the Saturday before Palm Sunday. Palm Sunday marks the beginning of Holy Week, and the last three days of Holy Week are the sacred Triduum of Maundy Thursday, Good Friday, and Holy Saturday.

Purple is the traditional color of Lent, as it represents for us both repentance and royalty. Jesus was dressed in a purple robe during his Passion as a mockery of his being "the king of the Jews"; since long before his time, purple had been a symbol of royalty. For example, in Exodus, we can read how Moses ordered the tabernacle to be made of "ten sheets woven of fine linen twine and of violet, purple, and scarlet yarn" (Exodus 26:1) and in 2 Chronicles 3:14 we read that Solomon ordered the temple in Jerusalem to be decorated with fabric of the same colors. The Church decided to keep the color purple as a symbol, not just of penance and mourning (in anticipation of the crucifixion, and with reference to Jesus), but also as a reminder of the need to confront our own sins, to prepare ourselves spiritually, and to help our neighbors to draw closer to God and his kingdom (conserving in this way the solemn character traditionally assigned to purple).

All Christians are invited "to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word" (BCP, p. 265).

In accordance with ancient custom the Book of Common Prayer provides that in Lent, Alleluia is omitted, and may be omitted at other times except during Easter season BCP, p. 337).

A HISTORY OF TRINITY EPISCOPAL CHURCH

Trinity Episcopal Church of Houston has existed as a house of worship and a center of its community for over a century. As such, it has adapted to the changing nature of the city, as Houston grew from a regional town of approximately 40,000 souls to a dynamic metropolitan giant, the fourth largest city in the United States. With a congregation that grew from a few founding members in the 1890s to several thousand parishioners at its peak, Trinity Church is an example of how spiritual people have contended with the challenges presented during a city's most crucial period of urban development.

Founded in 1893 as a mission of Christ Church, Houston's first Episcopal church, Trinity is located southwest of downtown. After a quarter of a century of existence in wooden buildings, Trinity parish built its present imposing structure (1917 - 1921) in Houston's South End, at the corner of Main Street and Holman Avenue. That structure, designed by Ralph Adams Cram of Boston and William Ward Watkin of Houston became an architectural landmark constructed in the neo-Gothic style with Texas limestone and a 97 foot bell tower.

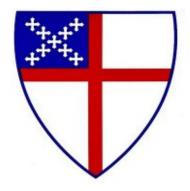
During the late 1910s and 1920s, Trinity entered an era of explosive growth, paralleling that of the city, and became an important center of the Episcopal faith. The congregation's many youth and adult activities were community events that attracted wide attention among the general populace. An integral part of its city, Trinity likewise maintained special relationships with Houstonians of other faiths. With a membership numbering 1,900 parishioners in 1930, Trinity emerged as the largest Episcopal parish in the Diocese of Texas and one of the largest in the nation.

After World War II, Houston's growth presented Trinity with perhaps its greatest challenge. As the city physically expanded into the new postwar suburbs, Trinity's membership began to decline. Rather than abandon its historic location, the congregation showed itself to be steadfast. Resurrecting itself from this period, Trinity reaffirmed its mission, this time as a beacon in the inner city where it has become a leading institution in the heart of Houston, determined to enhance the quality of urban life for everyone.

While our neighborhood has gone through many changes, the parish has remained steadfast, and actively ministers to a diverse congregation and to the poor in its midst. As the Midtown Houston neighborhood began redeveloping, starting in the early 2000s, Trinity Church has rededicated itself to its spiritual mission, and has become an active part of the Midtown area for music and other creative art expressions.







STAFF CONTACT INFORMATION

The Reverend Hannah E. Atkins Romero, Rector Rector@TrinityMidtown.org ext. 402

> The Reverend Luz Cabrera Montes, Associate Rector AssociateRector@TrinityMidtown.org ext. 403

The Reverend Dale Klitzke, Priest Associate Dale.klitzke@gmail.com

Alex Jones, Organist and Choirmaster alexjonesorganist93@gmail.com ext. 407

Ryan Mire, Parish Administrator ParishAdministrator@TrinityMidtown.org ext. 404 Lauren Santerre, Administrative Assistant Adminassistant@TrinityMidtown.org ext. 410

> April Sloan-Hubert, Co-Director Pelayo Parlade, Co-Director of the Trinity Jazz Ensemble aprildst82@icloud.com

> Carver Mathis, Youth Missioner Youth@TrinityMidtown.org ext. 405

VOLUNTEER STAFF CONTACT INFORMATION

Pat Laubach, Volunteer Coordinator Volunteer@TrinityMidtown.org ext. 408

Carol Turley, Membership Secretary Membership@TrinityMidtown.org



WEAPONS POLICY:

PURSUANT TO SECTION 30.05, PENAL CODE (CRIMINAL TRESPASS), A PERSON MAY NOT ENTER THIS PROPERTY WITH A FIREARM.

PURSUANT TO SECTION 30.06, PENAL CODE (TRESPASS BY LICENSE HOLDER WITH A CONCEALED HANDGUN), A PERSON LICENSED UNDER SUBCHAPTER H, CHAPTER 411, GOVERNMENT CODE (HANDGUN LICENSING LAW), MAY NOT ENTER THIS PROPERTY WITH A CONCEALED HANDGUN.

PURSUANT TO SECTION 30.07, PENAL CODE (TRESPASS BY LICENSE HOLDER WITH AN OPENLY CARRIED HANDGUN), A PERSON LICENSED UNDER SUBCHAPTER H, CHAPTER 411, GOVERNMENT CODE (HANDGUN LICENSING LAW), MAY NOT ENTER THIS PROPERTY WITH A HANDGUN THAT IS CARRIED OPENLY.

> Trinity Episcopal Church 1015 Holman Street, Houston, Texas 77004 Phone 713.528.4100 Fax 713.942.0117 www.TrinityMidtown.org