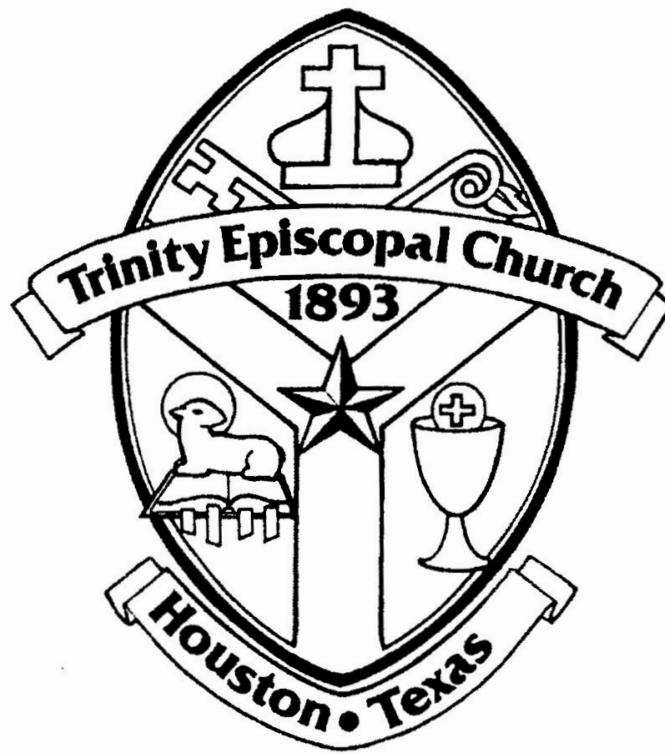


THE FIRST SUNDAY IN LENT

FEBRUARY 18, 2024

10:30 a.m.



The Reverend Hannah E. Atkins Romero, Rector
The Reverend Luz Cabrera Montes, Associate Rector
The Reverend Dale Klitzke, Priest Associate

Alex Jones, Organist and Choirmaster

***Making God's Presence Real
By Sharing Christ's Life-Changing Love***

WELCOME TO TRINITY CHURCH

Welcome to Trinity Episcopal Church! We're glad you chose to worship with us. We follow the 1979 Book of Common Prayer (BCP) to guide our worship. In this leaflet, you'll find everything you need to follow along printed.

Whether you've been attending Trinity your whole life or this is your first time here, we invite you to participate in the service as fully as you feel comfortable doing.

If you're looking for a new church home, know that the Trinity family welcomes you. We would also appreciate your filling out a virtual visitors card, which can be accessed at this link:

<https://www.trinitymidtown.org/contact-card-page/>

For more information, please visit our website:
www.trinitymidtown.org

Facebook Live Stream. Please be advised that this service is live streamed through our Trinity Facebook Page and YouTube channels. By participating in the service, you are consenting to the broadcast of your image and voice and to the broadcast of the image and voice of your children who participate.

Children 3yrs through 3rd grade *Catechesis of the Good Shepherd* Meets in room 112 at 9:30 a.m. and the children return to their parents at the passing of the peace.

A SPECIAL WELCOME TO THOSE WITH YOUNG CHILDREN

- Your children are welcome here at Trinity! First, please relax and enjoy your time here. We know that children tend to wiggle and squawk a bit, so please don't feel embarrassed by it.
- Each Sunday, your child may pick up a pew activity in the back of the church.
- To make things easier for your family, dare to sit closer to the front where your child can see what's going on at the altar. Guide them in the liturgy and be models for them. Help them sing the hymns and encourage them to stand/sit when appropriate, say "Amen" and "Thanks be to God," and generally help them be a part of the service. The liturgy belongs to them too.
- If you have to leave, hurry back! Jesus wants the children here, and we do too. If you need help, just ask. There are many here who are willing to lend you a hand.

VESTRY

Andy Durham, *Senior Warden*
Eric Beam, *Junior Warden*

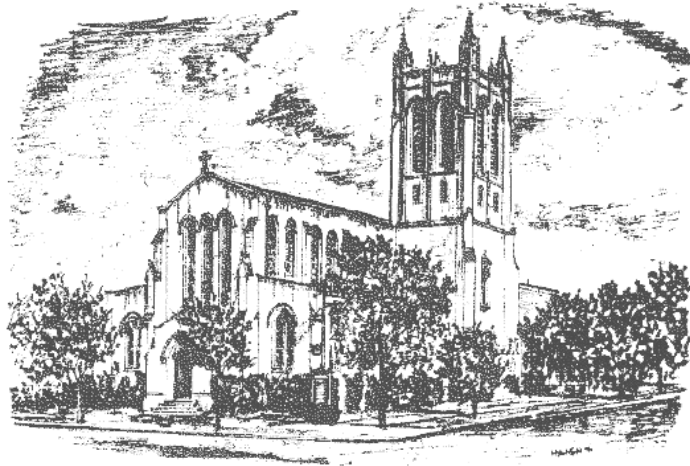
Brent Chambers
Tony Huffman
Pam Lawson
Mary Matteucci
John Merullo

Samantha Rainman
Jeanne Sommerfeld
Andréa Shiloh
Gladys Vallés
David Villarreal

Teddy Adams, *Chancellor*
Dana Gannon, *Assistant Chancellor*
Larry Laubach, *Treasurer*
Steve Lee, *Assistant Treasurer*
Ben Blanding, *Clerk of the Vestry*
Samantha Rainman, *Assistant Clerk of the Vestry*

LAY MINISTERS SERVING TODAY

Lector: Norma Cooper
LEMs: Norma Cooper, Jim Castro
Acolytes: Joanne Starbuck, Mark Goza, David Villarreal, Mary Cloud, Barrett Hess
Ushers: Ben Blanding, Larry Laubach, Kerry Webb, Will Sager
Verger: Alex Bruton
Altar Guild: Joanne Starbuck, Alex Bruton, Ron Mailloux
Audio Visual: Jeremy Velasquez
Hospitality Apartments: Mary Cloud



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Youtube
<https://www.youtube.com/trinityepiscopalchurch>



HOLY EUCHARIST RITE I

10:30 a.m. Historic Church

Please enter in a spirit of prayerful contemplation.



VOLUNTARY

The Liturgy of the Word



Please stand as the Procession enters the church.

THE GREAT LITANY S67



The Officiant at the Litany may be a lay cantor.

Officiant  *People* 

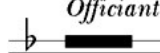

O God the Father, Creator of heaven and earth, Have mer - cy up - on us.

Officiant  *People* 


O God the Son, Redeemer of the world, Have mer - cy up - on us.

Officiant  *People* 

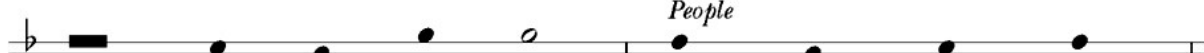
O God the Holy Ghost, Sanctifier of the faith - ful, Have mer - cy up - on us.

Officiant  *People* 

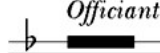
O holy, blessed, and glorious Trinity, one God, Have mer - cy up - on us.

Officiant 


Remember not, Lord Christ, our offenses, nor the offenses of our ancestors; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy

People 


preserve us for ev - er. Spare us, good Lord.

Officiant 

From all evil and mischief; from pride, vanity and hypocrisy, from envy, hatred and



malice; and from all e - vil in - tent,

People 

Sa - vior, de - liv - er us.

(This same response is sung after the petitions that follow)

First Sunday in Lent

From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws,

Savior deliver us.

From sins of body and mind; from deceits of the world, flesh and the devil,

Savior deliver us.

From famine and disaster; from violence, murder, and dying unprepared,

Savior deliver us.

In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

Savior deliver us.

By the mystery of your holy Incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

Savior deliver us.

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

Savior deliver us.

By your agony and trial; by your cross and passion; by your precious death and burial,

Savior deliver us.

By your mighty Resurrection; by your glorious Ascension; and by your sending of the Holy Spirit,

Savior deliver us.

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

Savior deliver us.

Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.



We beseech thee to hear us, O Christ

(This same response is sung after the petitions that follow)

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations. Hear us, O Christ. Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

We beseech thee to hear us, O Christ.

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

We beseech thee to hear us, O Christ.

Bring into the way of truth all who have erred and are deceived.

We beseech thee to hear us, O Christ.

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

We beseech thee to hear us, O Christ.

Guide the leaders of the nations into the ways of peace and justice.

We beseech thee to hear us, O Christ.

That it may please thee to give us a heart to love and fear thee,
and diligently to live after thy commandments,

We beseech thee to hear us, O Christ.

Give your wisdom and strength to Joseph, the President of the United States, Greg, the Governor of Texas, Lina, the County Judge of Harris County, and John, the Mayor of Houston that in all things they may do your will, for your glory and the common good.

We beseech thee to hear us, O Christ.

Give to the Congress of the United States, the Vice-President and members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth.

We beseech thee to hear us, O Christ.

Bless the Justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people.

We beseech thee to hear us, O Christ.

Give us the will to use the resources of the earth to your glory and for the good of all.

We beseech thee to hear us, O Christ.

Bless and keep all your people,

We beseech thee to hear us, O Christ.

Comfort and liberate the lonely, the bereaved and the oppressed.

We beseech thee to hear us, O Christ.

Keep in safety those who travel and all who are in peril.

We beseech thee to hear us, O Christ.

Heal the sick in body, mind or spirit, especially [Bill](#), [Nick](#), [Bob](#), [Dale](#), [Edith](#), [Graeme](#), [Christopher](#), [Donna](#), [Jason](#), [Clyde](#), [Presiding Bishop Michael Curry](#), [Monica](#), [Wally](#), [Dorothy](#), [Daniel](#), [Pamela](#), [Danya](#), [Sylvia](#), [Ella](#), [Julie](#), [Teddy](#), [Pam](#), [Randy](#), [Judy](#), [Bill](#), [Sandy](#), and [David](#); and provide for the homeless, the hungry and the destitute.

We beseech thee to hear us, O Christ.

Guard and protect all children who are in danger.

We beseech thee to hear us, O Christ.

Show your compassion on prisoners, hostages and refugees, and all who are in trouble.


We beseech thee to hear us, O Christ.

Forgive our enemies, persecutors and slanderers, and turn their hearts.


We beseech thee to hear us, O Christ.

Hear us as we remember those who have died, [especially for the shooting victims in Kansas City, the victims of war in Israel, Palestine, and Ukraine, and all victims of gun violence](#), and grant us with them a share in your eternal glory.

We beseech thee to hear us, O Christ.




Officiant Son of God, we beseech thee to hear us.
People Son of God, we beseech thee to hear us.



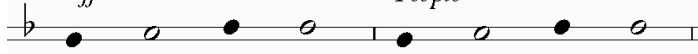
Officiant
People

O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.
O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

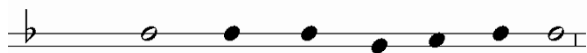


Officiant
People

O Lamb of God, that takest away the sins of the world, Grant us thy peace.



Officiant O Christ, hear us. *People* O Christ, hear us.



Officiant Lord, have mer - cy up - on us.
People Christ, have mer - cy up - on us.
Officiant Lord, have mer - cy up - on us.

COLLECT OF THE DAY

Officiant The Lord be with you.

***People* And with thy spirit.**

Officiant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy spirit, one God, now and for ever.

***People* Amen.**

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Reader The Word of the Lord.
People **Thanks be to God.**

PSALM 25: 1-9

Ad te, Domine, levavi
The Antiphon is sung by the choir and congregation

Plainchant, Tone IV



Lead me in your truth, O LORD, and teach me.

- 1 To you, O Lord, I lift up my soul; my God, I put my trust in you; *
let me not be humiliated, nor let my enemies triumph over me.
 - 2 Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes.
 - 3 Show me your ways, O Lord, *
and teach me your paths.
 - 4 Lead me in your truth and teach me, *
for you are the God of my salvation; in you have I trusted all the day long.
 - 5 Remember, O Lord, your compassion and love, *
for they are from everlasting.
 - 6 Remember not the sins of my youth and my transgressions; *
remember me according to your love and for the sake of your goodness, O Lord.
 - 7 Gracious and upright is the Lord; *
therefore he teaches sinners in his way.
 - 8 He guides the humble in doing right *
and teaches his way to the lowly.
- All the paths of the Lord are love and faithfulness *
to those who keep his covenant and his testimonies.

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Reader The Word of the Lord.

People **Thanks be to God.**

Please stand as able.

HYMN AT THE SEQUENCE 121

Christ, when for us you were baptized

Caithness

1 Christ, when for us you were bap - tized, God's Spi - rit on you came,
 2 God called you his be - lov - ed Son, called you his ser - vant true,
 3 Straight - way and stead - fast un - til death you then o - beyed his call
 4 Bap - tize us with your Spi - rit, Lord, your cross on us be signed,

as peace - ful as a dove and yet as ur - gent as a flame.
 sent you his king - dom to pro - claim, his ho - ly will to do.
 free - ly as Son of Man to serve and give your life for all.
 that, like - wise in God's ser - vice we may per - fect free - dom find.

THE HOLY GOSPEL

Mark 1: 9-15

Officiant The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory be to thee, O Lord.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

(Continued on page 10)

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Officiant The Gospel of the Lord.

People Praise be to thee, O Christ.

Please be seated.

SERMON

The Reverend Charles Graves, Canterbury Missioner

Please stand as able.

NICENE CREED

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.**

**For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.**

Please kneel or stand as able.

CONFESSION AND ABSOLUTION

BCP, page 330

Officiant Let us humbly confess our sins unto Almighty God.

**Most merciful God, we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen.**

Officiant Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Please stand as able.

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Then the Ministers and People may greet one another in the Name of the Lord.

Please be seated.

BLESSING OF THE CHILDREN

WELCOME AND ANNOUNCEMENTS

Please see our complete announcements and the Weekly Window at the end of this bulletin.

THE HOLY COMMUNION

Please be seated

OFFERTORY SENTENCE

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

OFFERING

Online Giving is available through AccessACS.

Go to www.trinitymidtown.org and click the "Give" button on the top right, or click:

<https://secure.accessacs.com/access/oglogin.aspx?sn=156477>

Texting. Send the message **heartofmidtown** to **73256**. Be sure to type heartofmidtown with no spaces, or autocorrect may insert information about a different church. The prompt will ask for a credit card number which can be kept on file for future contributions.



OFFERTORY ANTHEM Lord for Thy Tender Mercy's Sake

Richard Farrant (1530-1580)

Lord, for thy tender mercy's sake,
lay not our sins to our charge,
but forgive that is past,
and give us grace to amend our sinful lives.
To decline from sin and incline to virtue,
that we may walk in a perfect heart [or: in an upright heart] before thee,
now and evermore.
Amen.

Praise God, from whom all bless - ings flow; praise
 him, all crea-tures here be - low; praise him a - bove, ye
 heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

THE GREAT THANKSGIVING: Eucharistic Prayer II

BCP, page 340

SURSUM CORDA S112

Celebrant *People*
 The Lord be with you. And with thy spi - rit.

Celebrant *People*
 Lift up your hearts. We lift them up un - to the Lord.

Celebrant
 Let us give thanks un - to our Lord God.

People
 It is meet and right so to do.

The Celebrant proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

SANCTUS AND BENEDICTUS S114

Healey Willan

Ho - ly, ho - ly, ho - ly, Lord God of

Hosts: Hea - ven and earth are full of thy glo - ry. Glo -

- ry be to thee, O Lord Most High. Bless - ed is he that com - eth

in the name of the Lord. Ho - san - na in the high - est.

The Celebrant continues

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

Amen.

And now, as our Savior Christ hath taught us, we are bold to say,

Celebrant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

FRACTION ANTHEM S153

Celebrant

Christ our Pass - o - ver is sac - ri - ficed for us;

People

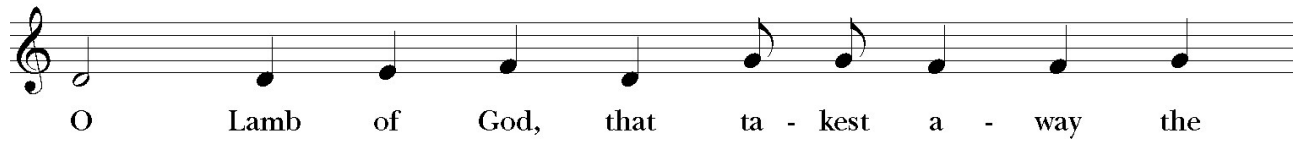
There-fore let us keep the feast.

INVITATION TO HOLY COMMUNION

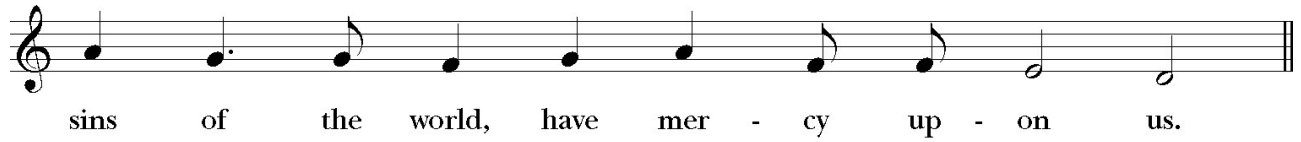
Celebrant The Gifts of God for the People of God.

AGNUS DEI S157

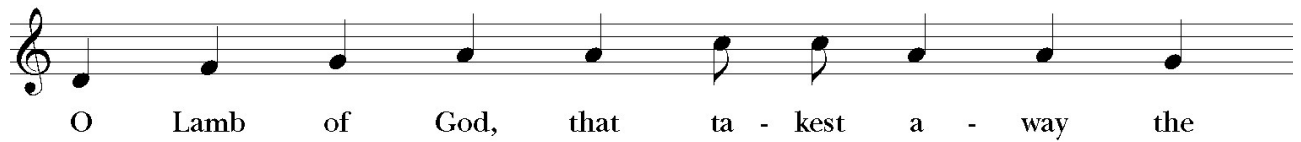
John Merbecke



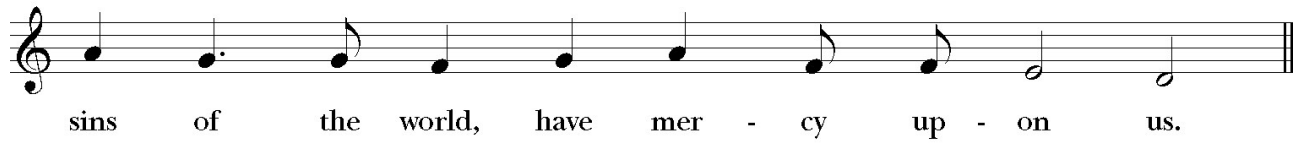
O Lamb of God, that ta - kest a - way the



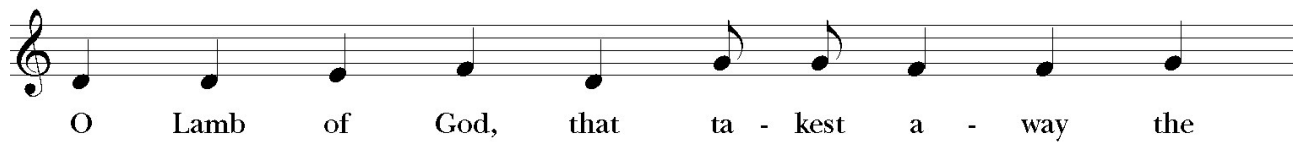
sins of the world, have mer - cy up - on us.



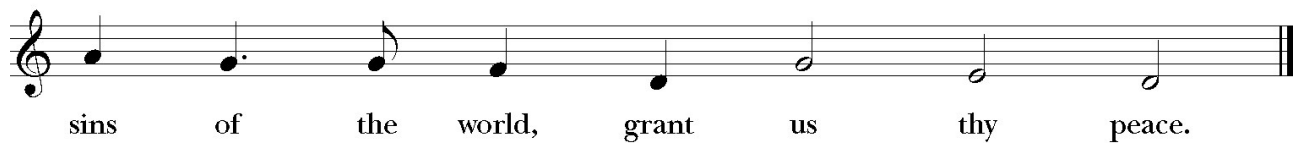
O Lamb of God, that ta - kest a - way the



sins of the world, have mer - cy up - on us.



O Lamb of God, that ta - kest a - way the



sins of the world, grant us thy peace.

INSTRUCTIONS FOR HOLY COMMUNION

All are welcome to come participate in Holy Communion. If for any reason you prefer not to receive communion, please cross your arms across your chest for a blessing.

Our tradition is to receive both bread and wine, sharing in the common cup. Please assist the chalice bearer by guiding the cup to your lips, or you may "intinct" by dipping the wafer into the chalice. If you prefer, you may also receive the bread only: After consuming the wafer, simply cross your arms over your chest to indicate that you do not wish to receive the wine.

If you do not wish to "intinct" from the common cup, there will be a third chalice, for intinction only, available in the baptistery. If you wish to partake of this chalice, please proceed to the baptistery after receiving a wafer from the priest .



We offer a gluten-free bread option for those with dietary restrictions who wish to receive communion. To receive a gluten free wafer, please clasp your hands with palms facing each other when the priest administering the bread approaches you.

PRAYER FOR SPIRITUAL COMMUNION

The Prayer for Spiritual Communion is prayed by those at home unable to partake of communion in person

In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, we long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. We believe that you are truly present in the Holy Sacrament, and, since we cannot at this time receive communion, we pray you to come into our hearts. We unite ourselves with you and embrace you with all our hearts, our souls, and our minds. Let nothing separate us from you; let us serve you in this life until, by your grace, we come to your glorious kingdom and unending peace. Amen.

MUSIC AT COMMUNION

ANTHEM

Hide Not Thou Thy Face, O Lord

Richard Farrant (1530-1580)

Hide not thou thy face from us, O Lord,
and cast not off thy servant in thy displeasure;
for we confess our sins unto thee
and hide not our unrighteousness.
For thy mercy's sake,
deliver us from all our sins.

1 King of glo - ry, King of peace, I will love thee;
 2 Where - fore with my ut - most art, I will sing thee;
 3 Seven whole days, not one in seven, I will praise thee;

Tenor or soprano ad libitum

3 Seven whole days, not one in seven, I will praise thee;

and that love may nev - er cease, I will move thee.
 and the cream of all my heart, I will bring thee.
 in my heart, though not in heaven, I can raise thee.

in my heart, though not in heaven, I can raise thee.

Thou hast grant - ed my re - quest, thou hast heard me;
 Though my sins a - gainst me cried, thou didst clear me;
 Small it is in this poor sort to en - roll thee;

Small it is in this poor sort to en - roll thee;

thou didst note my work - ing breast, thou hast spared me.
 and a - lone, when they re - plied, thou didst hear me.
 e'en e - ter - ni - ty's too short to ex - tol thee.

e'en e - ter - ni - ty's too short to ex - tol thee.

Please stand or kneel as able.

POST COMMUNION PRAYER

**Almighty and ever living God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end.
Amen.**

The Celebrant distributes a communion kit saying,

Celebrant On behalf of God and Trinity Parish, we send forth these holy gifts that those who will be visited may share with us in the communion of Christ's Body and Blood.

People **Amen.**

THE BLESSING

Grant, Almighty God, that thy people may recognize their weakness and put their whole trust in thy strength, so that they may rejoice for ever in the protection of thy loving providence; through Jesus Christ our Lord. And may the blessing of God our Creator, Redeemer and Giver of life be with you always.
Amen.

Please stand as able.

1 Lead us, heaven - ly Fa - ther, lead us o'er the world's tem -
2 Sa - vior, breathe for - give - ness o'er us; all our weak - ness
3 Spi - rit of our God, de - scend - ing, fill our hearts with

pes - tuous sea; guard us, guide us, keep us, feed us,
thou dost know; thou didst tread this earth be - fore us;
heaven - ly joy; love with ev - ery pas - sion blend - ing,

for we have no help but thee, yet pos - ses - sing
thou didst feel its keen - est woe; yet un - fear - ing,
plea - sure that can nev - er cloy; thus pro - vid - ed,

ev - ery bless - ing, if our God our Fa - ther be.
per - se - ver - ing, to thy pas - sion thou didst go.
par - doned, guid - ed, noth - ing can our peace des - troy.

HYMN IN PROCESSION 559

Lead us, heavenly Father, lead us

Dulce carmen

DISMISSAL

Officiant Let us bless the Lord.

People Thanks be to God.

*Those who wish to listen to the closing Voluntary
are invited to come and sit in the Choir.*

Thank you for worshipping with us this morning.

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*We would like to thank Richard and Jody Rathburn for hosting
this morning's coffee hour.*

Please note that Sundays in March are available to host (part/all) coffee hour.

*To sign up, please scan the QR code below or contact Jamie Chambers:
jamielynnchambers@hotmail.com or call/text at 832-370-7155
if you need assistance.*

Thank you





THE WEEKLY WINDOW

OF TRINITY THE HEART OF MIDTOWN
February 18, 2024 – First Sunday in Lent, Year B

Trinity Episcopal Church | www.trinitymidtown.org
1015 Holman @ Main | 713-528-4100

Sunday In-Person Services
8:00 am and 12:30 pm (Chapel)
10:30 am (Historic Church)

Lenten Soup and Study – Feb. 23rd, 6:30pm at The Blandings

Please plan to join us on as we gather on Friday, Feb. 23rd at Ben and Saba Blanding’s home for fellowship and conversation. We will slow down, enjoy a meal, and focus on soul care during the upcoming election year. Please [RSVP HERE](#) or email parishadministrator@trinitymidtown.org

Blood Drive– Feb. 25th, 9am

Please help us this season of Lent by reaching our goal of 15 successful donations. Gulf Coast Regional Blood Center implemented the FDA’s latest guidelines into our operations, ending deferral based on sexual orientation and welcoming new blood donors starting in November. For more information, contact Joanne Starbuck. Sign up: <https://bit.ly/3SuntLc>

Book Study, Jesus Insurgency– Feb. 26th, 7pm (Zoom)

Rudy Rasmus will join us for this special time in discussion of his book. Crunching more data may be helpful but will not revolutionize, let alone save, a declining church. We need creative thinking done by people who are not afraid to face the institutional church. Indeed, the change we long for is already happening. It is happening on the margins in ministries to the least, the last, and the lost. If we pay attention, we can let this Jesus Insurgency create new life. [RSVP HERE](#)

Stations of the Cross, Artist Gathering – March 1st, 6:30pm

Calling all Trinity Artists and Artist Friends to Gather and Collaborate for 2025 Exhibit. A Light meal will be served. We will gather together at the Rectory. [RSVP HERE](#)

Half Day Quiet Retreat – March 16th, 9am–1pm

You are invited to join us for a halfday quiet retreat led by Rev. Hannah. The retreat will include prayer, a labyrinth walk, journaling, stretching, meditation, and time to share reflections with one another. We will meet together in the Fellowship Hall. [RSVP HERE](#)

Manna Bags– March 17th, 11:45am

Be a blessing for the homeless this Lent. Let’s help the EAC by assembling hygiene (toiletry) or manna (snack) bags for the homeless. EAC distributes these with their sack lunch program about once a month. Materials and instructions to be distributed during coffee hour to assemble at church, or at home. Our Lenten goal is to help provide 125 bags with prayers for hope and health and dignity.

Friends of Iman, Interfaith Iftar– March 19th,

Iman Haq was a humanitarian, thespian, equestrian, friend and philanthropist. She was taken on her 20th birthday. What the world lost in light, it gained in hope. We invite you to join us for an Interfaith Iftar with our friends from Interfaith Ministries honoring her life. [REGISTER HERE](#)

All Parish Retreat! Register Now!

April 12–14th – [SIGN UP HERE](#)

All are welcome! \$60 adults/\$30 children and \$15 for Sat night meal

THIS WEEK AT TRINITY

Sunday, February 18th, 2024

7:30am – 1:30pm Nursery Open
8:00 am Holy Eucharist, Rite I (Chapel)
9:00 am Sunday Meditations (Zoom)
9:30 am Education Hour for All
10:30 am Holy Eucharist, Rite II (Church)
11:45 am Sandwich Makers at Coffee Hour (Fellowship Hall)
12:30 pm Holy Eucharist, Rite III (Chapel)
8:00 pm Compline (Facebook)

Monday, February 19th, 2024

12:00pm Yoga (Atrium 2)
5:30pm Evening Prayer

Tuesday, February 20th, 2024

12:00pm The Listening Post
5:30 pm Evening Prayer
6:00pm Property Committee (Zoom)
6:30pm Finance Committee (Zoom)

Wednesday, February 21st, 2024

10:30am Staff Meeting
12:15 pm Good Times AA (Masterson)
5:30 pm Evening Prayer
6:00 pm Healing Service (Zoom)
7:00 pm Choir Rehearsal

Thursday, February 22nd, 2024

12:15 pm Good Times AA (Masterson)
5:30 pm Evening Prayer (Church)
6:30pm Listening Heart (Masterson)

Friday, February 23rd, 2024

12:15 pm Good Times AA (Masterson)
5:30 pm Evening Prayer (Church)
6:30 pm Lenten Soup and Study (Blanding’s Home)

Saturday, February 24th, 2024

Our Weekly Zoom links can be found at <https://www.trinitymidtown.org/zoom-withus>



PRAYERS

Our custom is to read aloud each week the names of those who request our prayers. We also remember in our Prayer Chain and Bulletin those who desire prayers. Please email to keep us informed. For information or comments about prayer names, please contact the Reverend Hannah Atkins Romero. If you would like to participate as a member of the prayer chain, please contact Norma Cooper.

Allegra, Gareth, Kazi, Aurora, Jimmie, Tom, Stephen, Emily, Van, Dick, Ric, Barbara, Sylvia, Joyce, Bob, David, Robert, Susan, Cindy, Patty, Dana, Emilia, Gaby, Florence, Carolyn, Rick, Charles, Harrison, Kathy, Erma, Mary, Chris, Guillermo, Holly, Ray, Barbara, Howard, Claudie, Romy, Bryce, Rose, Bart, Marie, Josh, Christina, Collette, Sybil, and Charlotte.

For the faithful departed:

Brenda Sargent, Keri Sims, The shooting victims in Kansas City, the victims of war in Israel, Palestine, Ukraine, and all victims of gun violence.

Rev. Hannah E. Atkins Romero, Rector
rector@trinitymidtown.org

Rev. Luz Montes Cabrera, Associate Rector
associatorector@trinitymidtown.org

Rev. Dale Klitzke, Priest Associate
dale.klitzke@gmail.com

Ryan Mire, Parish Administrator
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Alex Jones Organist/Choirmaster
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Pat Laubach, Volunteer Coordinator
volunteer@trinitymidtown.org

Carol Turley, Membership Secretary
membership@trinitymidtown.org

Larry Laubach, Treasurer
finance@trinitymidtown.org

*Please note we will never ask you for money or gifts via email. Scams are circulating again, so please be aware and cautious.

Altar Flowers and Coffee Hour

If you would like to make a flower dedication, you can sign up at www.trinitymidtown.org/flower-ministry/.

The altar flowers are dedicated to the glory of God and in thanksgiving for Reverend Luz’s ministry at Trinity.

The Baptistry flowers are dedicated to the glory of God and in grateful thanksgiving for the joy of 59 years of marriage by Henry and Treadwell Atkins.



The next available dates: Will resume April 14th after Lent.

Sign-ups for coffee hour hosts are available, please signup online to volunteer [here](#) or scan QR code below. For questions or further information please contact Jamie Chambers: jamielynchambers@hotmail.com or call/text at 832-370-7155 if you need assistance.

Next available dates: March 3rd, 10th and 17th.



Ron Mailloux, Matthew Wood, Dolores Treadwell, Mary Ann Collier, Sarah Frazier, Tristan LeGrand, Marcy Antiuk

Office Hours

Monday–Thursday 9 am – 3 pm
Friday 9 am – 1 pm

If you have building concerns please email parishadministrator@trinitymidtown.org.



@trinitychurchhouston



@trinityepiscopalmidtown



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Let’s Connect | www.trinitymidtown.org



For more information on annual giving visit www.trinitymidtown.org/give.

THE SEASON OF LENT

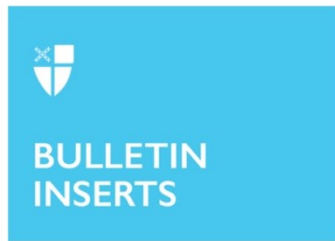
Early Christians observed "a season of penitence and fasting" in preparation for the Paschal feast, or Pascha (BCP, pp. 264-265). The season now known as Lent (from an Old English word meaning "spring," the time of lengthening days) has a long history. Originally, in places where Pascha was celebrated on a Sunday, the Paschal feast followed a fast of up to two days. In the third century this fast was lengthened to six days. Eventually this fast became attached to, or overlapped, another fast of forty days, in imitation of Christ's fasting in the wilderness. The forty-day fast was especially important for converts to the faith who were preparing for baptism, and for those guilty of notorious sins who were being restored to the Christian assembly.

In the western church the forty days of Lent extend from Ash Wednesday through the Saturday before Palm Sunday. Palm Sunday marks the beginning of Holy Week, and the last three days of Holy Week are the sacred Triduum of Maundy Thursday, Good Friday, and Holy Saturday.

Purple is the traditional color of Lent, as it represents for us both repentance and royalty. Jesus was dressed in a purple robe during his Passion as a mockery of his being "the king of the Jews"; since long before his time, purple had been a symbol of royalty. For example, in Exodus, we can read how Moses ordered the tabernacle to be made of "ten sheets woven of fine linen twine and of violet, purple, and scarlet yarn" (Exodus 26:1) and in 2 Chronicles 3:14 we read that Solomon ordered the temple in Jerusalem to be decorated with fabric of the same colors. The Church decided to keep the color purple as a symbol, not just of penance and mourning (in anticipation of the crucifixion, and with reference to Jesus), but also as a reminder of the need to confront our own sins, to prepare ourselves spiritually, and to help our neighbors to draw closer to God and his kingdom (conserving in this way the solemn character traditionally assigned to purple).

All Christians are invited "to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word" (BCP, p. 265).

In accordance with ancient custom the Book of Common Prayer provides that in Lent, Alleluia is omitted, and may be omitted at other times except during Easter season (BCP, p. 337).



February 18, 2024 – Lent 1 (B)

Week 1: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore *Life Transformed: The Way of Love in Lent*, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at iam.ec/lifetransformed or by scanning the QR code to the right.



Week 1

Sunday, February 18

Today's Practice: Watch the Rev. Dr. Hillary Raining's video at iam.ec/lifetransformed for Week 1. The topic is based on the practice "Turn" and is titled, "Dead to Sin, Alive in Christ".

Read: Romans 6:3-11

Monday, February 19

Today's Prompt: Who has taught you to live a Jesus-filled life? Who have you taught?

Read: "So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day." – 2 Corinthians 4:16

Tuesday, February 20

Today's Prompt: How do you incorporate rest into your life?

Read: "Thus says the Lord: Stand at the crossroads and look, and ask for the ancient paths, where the good way lies; and walk in it, and find rest for your souls. But they said, "We will not walk in it.'" – Jeremiah 6:16

Wednesday, February 21

Today's Prompt: Go for a walk today and pray with your feet, each step with intention.

Read: "Many peoples shall come and say, 'Come, let us go up to the mountain of the Lord, to the house of the God of Jacob, that he may teach us his ways and that we may walk in his paths.'" – Isaiah 2:3a

Thursday, February 22

Today's Prompt: How do others experience the love of Christ you bring?

Read: "By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things." – Galatians 5:22-23

Friday, February 23

Today's Prompt: Where are you being encouraged to "show up"?

Read: "Then they also will answer, 'Lord, when was it that we saw you hungry or thirsty or a stranger or naked or sick or in prison and did not take care of you?' Then he will answer them, 'Truly I tell you, just as you did not do it to one of the least of these, you did not do it to me.'" – Matthew 25:44-45

Saturday, February 24

Today's Prompt: What is most meaningful to you in worship?

Read: Book of Common Prayer, p. 281

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Published by the Office of Communication of The Episcopal Church, 815 Second Avenue, New York, N.Y. 10017

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A HISTORY OF TRINITY EPISCOPAL CHURCH

Trinity Episcopal Church of Houston has existed as a house of worship and a center of its community for over a century. As such, it has adapted to the changing nature of the city, as Houston grew from a regional town of approximately 40,000 souls to a dynamic metropolitan giant, the fourth largest city in the United States. With a congregation that grew from a few founding members in the 1890s to several thousand parishioners at its peak, Trinity Church is an example of how spiritual people have contended with the challenges presented during a city's most crucial period of urban development.

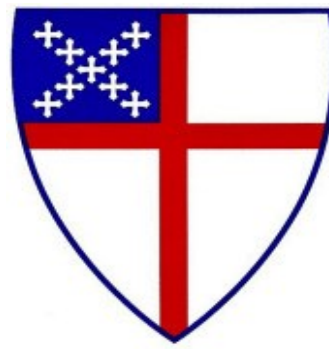
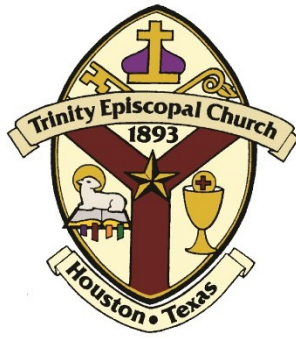
Founded in 1893 as a mission of Christ Church, Houston's first Episcopal church, Trinity is located southwest of downtown. After a quarter of a century of existence in wooden buildings, Trinity parish built its present imposing structure (1917 - 1921) in Houston's South End, at the corner of Main Street and Holman Avenue. That structure, designed by Ralph Adams Cram of Boston and William Ward Watkin of Houston became an architectural landmark constructed in the neo-Gothic style with Texas limestone and a 97 foot bell tower.

During the late 1910s and 1920s, Trinity entered an era of explosive growth, paralleling that of the city, and became an important center of the Episcopal faith. The congregation's many youth and adult activities were community events that attracted wide attention among the general populace. An integral part of its city, Trinity likewise maintained special relationships with Houstonians of other faiths. With a membership numbering 1,900 parishioners in 1930, Trinity emerged as the largest Episcopal parish in the Diocese of Texas and one of the largest in the nation.

After World War II, Houston's growth presented Trinity with perhaps its greatest challenge. As the city physically expanded into the new postwar suburbs, Trinity's membership began to decline. Rather than abandon its historic location, the congregation showed itself to be steadfast. Resurrecting itself from this period, Trinity reaffirmed its mission, this time as a beacon in the inner city where it has become a leading institution in the heart of Houston, determined to enhance the quality of urban life for everyone.

While our neighborhood has gone through many changes, the parish has remained steadfast, and actively ministers to a diverse congregation and to the poor in its midst. As the Midtown Houston neighborhood began redeveloping, starting in the early 2000s, Trinity Church has rededicated itself to its spiritual mission, and has become an active part of the Midtown area for music and other creative art expressions.





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